



Consulting and Training | Reach New Heights

**Course Name**

# Leading Teams

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**Sector Name**

Management And Leadership

**Document Type**

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## Leading Teams

### Course Introduction

This training course on Leading Teams provides participants with the knowledge, skills, and strategies needed to effectively lead and manage teams in diverse organizational settings. Through a combination of theoretical insights, practical exercises, and case studies, participants will explore the fundamentals of team leadership, team building, and team development. The course covers essential topics such as communication, trust-building, conflict resolution, and motivation, equipping participants with the tools to foster collaboration and drive team performance. Additionally, participants will learn how to lead remote and virtual teams, empower and develop team members, and navigate change and adversity. By the end of the course, participants will be equipped with the leadership skills and mindset to lead teams with confidence and effectiveness.

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## Leading Teams

### Target Audience

This course is designed for managers, team leaders, supervisors, project managers, and professionals who are responsible for leading and managing teams within their organizations.

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## Leading Teams

### Learning Objectives

**By the end of this training course, participants will be able to:**

- ✓ Develop a comprehensive understanding of team leadership principles, roles, and responsibilities.
- ✓ Enhance skills in building, developing, and empowering high-performing teams.
- ✓ Learn strategies for leading remote and virtual teams effectively.
- ✓ Gain proficiency in empowering and developing team members through delegation, feedback, and coaching.
- ✓ Acquire tools and techniques for leading teams through change, adversity, and uncertainty.

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## Leading Teams

### Course Outline

#### ✓ 01 Day One

##### **Foundations of Team Leadership**

- ✓ Introduction to Team Leadership: Roles and Responsibilities
- ✓ Characteristics of High-Performing Teams
- ✓ Understanding Team Dynamics and Group Behavior
- ✓ Building Trust and Psychological Safety within Teams
- ✓ Setting Clear Team Goals and Expectations
- ✓ Effective Communication Strategies for Team Leaders
- ✓ Creating a Positive Team Culture

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## Leading Teams

### Course Outline

#### ✓ 02 Day Two

##### **Team Building and Development**

- ✓ Team Formation and Development Stages: Forming, Storming, Norming, Performing, Adjourning
- ✓ Techniques for Building Cohesive and Collaborative Teams
- ✓ Team Building Activities and Exercises
- ✓ Identifying and Leveraging Team Member Strengths
- ✓ Addressing Conflict and Resolving Team Challenges
- ✓ Strategies for Fostering Inclusivity and Diversity within Teams
- ✓ Promoting Team Engagement and Motivation

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### Course Outline

#### ✓ **03 Day Three**

##### **Leading Remote and Virtual Teams**

- ✓ Challenges and Opportunities of Leading Remote Teams
- ✓ Establishing Clear Communication Channels in Virtual Environments
- ✓ Leveraging Technology for Remote Team Collaboration
- ✓ Building Trust and Accountability in Remote Teams
- ✓ Strategies for Managing Time Zones and Cultural Differences
- ✓ Ensuring Work-Life Balance for Remote Team Members
- ✓ Tools and Techniques for Remote Team Leadership

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### Course Outline

#### ✓ **04 Day Four**

##### **Empowering and Developing Team Members**

- ✓ Delegating Tasks and Responsibilities Effectively
- ✓ Providing Constructive Feedback and Coaching
- ✓ Empowering Team Members to Take Ownership and Initiative
- ✓ Recognizing and Celebrating Team Achievements
- ✓ Creating Opportunities for Skill Development and Growth
- ✓ Mentoring and Supporting the Professional Development of Team Members
- ✓ Encouraging Innovation and Creativity within Teams

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### Course Outline

#### ✓ **05 Day Five**

##### **Leading Through Change and Adversity**

- ✓ Understanding the Impact of Change on Teams
- ✓ Strategies for Leading Teams Through Change and Uncertainty
- ✓ Maintaining Resilience and Adaptability in the Face of Adversity
- ✓ Communicating Change Effectively to Team Members
- ✓ Building a Change-Ready Culture within Teams
- ✓ Handling Resistance and Overcoming Challenges During Change
- ✓ Celebrating Successes and Learning from Setbacks

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## Leading Teams

### Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
April 13, 2026	April 17, 2026	5 days	4250.00 \$	UAE , Dubai
Oct. 18, 2026	Oct. 22, 2026	5 days	4250.00 \$	KSA , Riyadh
Feb. 1, 2027	Feb. 5, 2027	5 days	4950.00 \$	Netherlands , Amsterdam
Sept. 14, 2026	Sept. 18, 2026	5 days	4250.00 \$	UAE , Dubai
Nov. 15, 2026	Nov. 19, 2026	5 days	4250.00 \$	Qatar , Doha

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