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Course Name

Training Your Mind for Success with NLP

Sector Name

Interpersonal Skills and Self Development

Document Type

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Training Your Mind for Success with NLP

Course Introduction

This course will help the employees become more confident, persuasive, and influential within the workplace by improving their verbal and nonverbal communications using neuro-linguistic programming (NLP) methods and patterns. You will learn to use NLP in order to cultivate productive behaviour, develop positive business relationships, and successful teams.

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Target Audience

- ✓ Business leaders, entrepreneurs, and professionals
- ✓ Sales, marketing, and HR professionals
- ✓ Coaches, trainers, and educators
- ✓ Individuals seeking personal growth and success
- ✓ Teams aiming to enhance productivity and mindset

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Learning Objectives

- ✓ Employ the core NLP skills and techniques to build a cohesive team spirit.
- ✓ Establish instant rapport with everyone you interact with.
- ✓ Learn to create motivational outcomes and overcome barriers to success.
- ✓ Discover how to build and maintain your self-confidence in challenging situations.
- ✓ Equip yourself with techniques to create greater creativity and new ways to solve conflicts and problems.

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Course Outline

✓ DAY 1

Understanding nlp - 'the science of human excellence'

- ✓ Learn what NLP is and how the tools and techniques can be employed.
- ✓ Competency modeling - understand how top performers function and replicate their behavior and thinking patterns.
- ✓ Understand the foundation stones of NLP and the four core skills
- ✓ Creating rapport & relationships
- ✓ Assess your own and your colleagues' language patterns
- ✓ Use a variety of language patterns to motivate and influence
- ✓ Create instant rapport – the three key techniques of 'mirroring'
- ✓ Master the skills that will let you build cooperative working relationships
- ✓ Learning to appreciate personal differences
- ✓ How to use 'following' and 'leading' skills to influence others.
- ✓ Explore multiple descriptions of the world to give you more choice.
- ✓ Discover how to appreciate your colleagues' points of view

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Course Outline

✓ DAY 2

Learn to lead people to shared solutions.

- ✓ Create greater Behavioral choice and options when dealing with others.
- ✓ Power in the spoken word
- ✓ Understand your language patterns and learn new ways to communicate.
- ✓ Successfully re-organize your thinking by changing your language.
- ✓ Learn to use precision questioning to elicit detailed information.
- ✓ Employ language to empower others and learn how to use words to accelerate achievement.
- ✓ Create the habit of focusing on motivational outcomes
- ✓ Develop the habit of outcome thinking for dynamic results
- ✓ Creative goal setting
- ✓ Learn the steps to agreeing motivational outcomes for yourself and others
- ✓ Accelerate your team's success and sense of achievement
- ✓ Build confidence and develop positive behaviors
- ✓ Create your own state of excellence in threatening situations
- ✓ Learn to change restrictive and unhelpful thoughts, habits and feelings into positive and empowering ones
- ✓ Discover exciting and fast ways to change your thinking patterns
- ✓ Core techniques for gaining and maintaining confidence and peak performance

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Course Outline

✓ DAY 3

A FrameworkFor Leadership

- ✓ How do top performers achieve so much?
- ✓ Uncover the power in non-verbal communication to enhance confidence in others
- ✓ Positive leadership thinking and outcome thinking
- ✓ Model excellence – replicate the behavior of success
- ✓ Techniques to achieve excellent results with individuals and teams
- ✓ Creating creativity
- ✓ Practical ways to deal with challenging workplace conflict and problems
- ✓ Tools for problem exploration and resolution
- ✓ Establishing and maintaining engagement and motivation
- ✓ Personal development
- ✓ Formulating an action plan for your personal development

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Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
Feb. 1, 2027	Feb. 3, 2027	3 days	3250.00 $	UAE , Abu Dhabi
April 19, 2027	April 21, 2027	3 days	3250.00 $	UAE , Dubai
Aug. 2, 2027	Aug. 4, 2027	3 days	3950.00 $	Austria , Vienna
Nov. 9, 2026	Nov. 11, 2026	3 days	3250.00 $	UAE , Abu Dhabi

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