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Course Name

Mediation and Alternative Dispute Resolution in Business

Sector Name

Legal and Corporate Law

Document Type

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Mediation and Alternative Dispute Resolution in Business

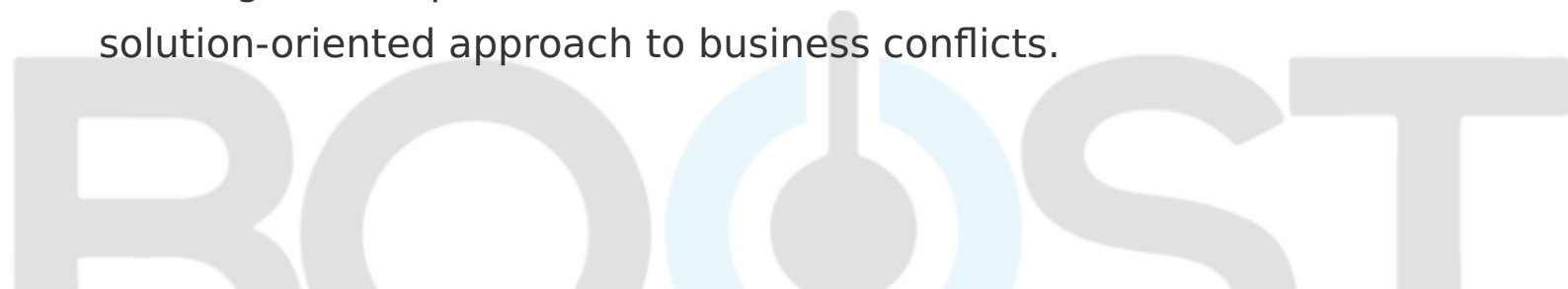
Course Introduction

In today's fast-paced business environment, traditional litigation may not always be the most effective means of resolving disputes.

BOOST's Mediation and Alternative Dispute Resolution in Business course provides participants with a comprehensive understanding of mediation and other alternative dispute resolution (ADR) methods.

The course focuses on practical approaches to resolving business conflicts efficiently and cost-effectively without resorting to litigation. Attendees will learn how to apply mediation techniques, negotiation strategies, and ADR frameworks in corporate settings, empowering them to manage and resolve disputes in ways that maintain business relationships and protect their organizations' interests.

BOOST will provide real-world case studies, insights into cross-cultural mediation practices, and strategies for resolving complex commercial disputes that span multiple jurisdictions. This course is designed for professionals who are keen to develop their skills in non-litigation dispute resolution and foster a collaborative and solution-oriented approach to business conflicts.



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Target Audience

This course is ideal for business managers, legal professionals, in-house counsel, human resources managers, and professionals involved in contract management, who seek to enhance their skills in dispute resolution and ADR techniques.

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Learning Objectives

- ✓ Understand the principles of mediation and ADR in a corporate context.
- ✓ Learn negotiation and conflict resolution techniques.
- ✓ Gain practical insights into managing cross-border disputes.
- ✓ Master the art of maintaining business relationships during disputes.
- ✓ Explore best practices for implementing ADR processes in organizations.

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Course Outline

✓ Day 01

Introduction to Mediation and ADR

- ✓ Definitions and principles of mediation and ADR
- ✓ Key differences between litigation, mediation, and arbitration
- ✓ Benefits and limitations of ADR in business
- ✓ The role of a mediator and the mediation process

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Course Outline

✓ Day 02

Negotiation Skills for Effective Dispute Resolution

- ✓ Key negotiation theories and techniques
- ✓ Preparing for and managing negotiation sessions
- ✓ Role of negotiation in business contracts and settlements
- ✓ Managing difficult conversations and high-conflict situations

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Course Outline

✓ Day 03

Mediation Techniques and Practices

- ✓ The stages of mediation: opening, bargaining, and closing
- ✓ Mediation techniques: active listening, reframing, and persuasion
- ✓ Ethical considerations in mediation
- ✓ Mediation agreements and enforcement

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Course Outline

✓ Day 04

Cross-Border Dispute Resolution

- ✓ Managing international and cross-cultural disputes
- ✓ International conventions on ADR (UNCITRAL Model Law)
- ✓ Jurisdictional challenges and enforcement of ADR outcomes
- ✓ The impact of globalization on dispute resolution strategies

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Course Outline

✓ Day 05

Advanced ADR Strategies and Implementation in Business

- ✓ Integrating ADR into corporate culture and policies
- ✓ Developing an organizational dispute resolution framework
- ✓ Mediation in mergers, acquisitions, and corporate governance
- ✓ Case studies and real-world applications of ADR in business settings

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Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
May 24, 2027	May 28, 2027	5 days	4250.00 \$	UAE , Dubai
Dec. 21, 2026	Dec. 25, 2026	5 days	4250.00 \$	UAE , Dubai
March 14, 2027	March 18, 2027	5 days	4250.00 \$	Qatar , Doha
Aug. 23, 2027	Aug. 27, 2027	5 days	4950.00 \$	Netherlands , Amsterdam

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