



Consulting and Training | Reach New Heights

**Course Name**

# **Business Agility and Growth Mindset**

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**Sector Name**

Management And Leadership

**Document Type**

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## Business Agility and Growth Mindset

### Course Introduction

Employees with an Agile Mindset believe that "There is no failure, only lessons learned for improvement." It's all about taking everything as lessons and proceeding toward desired outcomes, resulting in continuous improvement and embracing change and innovation. In this workshop, we are tackling agility while shedding the light on it as a source of inspirational innovation, as well as your weapon to lead change.

Being happy and having a Growth Mindset is contagious and leads to a very powerful attitude within an individual, a team, and an organization. It is essential to reprogram your mindset for positivity to get more soul-enriching thoughts & productive results.

### Effectively motivate people

The purpose of this workshop is to equip the organization's employees with an Agile Mindset. This workshop transforms the organization's employee into an employee who does his/her work with a positive attitude, as well as coming up with innovative solutions. Also, will provide Change leaders with clear insights on how to effectively motivate people through organizational change. As well as it will provide them with some effective tools, skills and knowledge for managing and handling resistance, in addition to communicating change and develop agility the right way.

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## Business Agility and Growth Mindset

### Target Audience

#### Senior Leadership and Executives.

- ✓ Middle Management and Department Heads.
- ✓ Cross-Functional Team Leaders and Project Managers.

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## Business Agility and Growth Mindset

### Learning Objectives

- ✓ Gain a comprehensive understanding of organizational agility and growth mindset.
- ✓ Recognize the importance of leading agile and resilient organizations during turbulent times
- ✓ Differentiate between a fixed mindset and agile mindset, Fixed & Growth Mindset
- ✓ Recognize tools to control your mind and direct it towards a positive mindset
- ✓ Define the incremental steps to employees' business agility within the organization
- ✓ Execute strategies to build and enhance agile and resilient organizations
- ✓ Appreciate the Importance of Positive Thinking in mindset growth
- ✓ Define attitudes and work on overcoming a negative approach to life.
- ✓ Determine the impact of Growth Mindset on the individual and within the organization
- ✓ Illustrate Strategies of How to be Growth Mindset Developer at Work
- ✓ List strategies to maintain a positive attitude

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## Business Agility and Growth Mindset

### Course Outline

#### ✓ 01 Day One

##### **BUSINESS AGILITY: AGILE MINDSET**

- ✓ Defining organizational agility and resilience
- ✓ Is agility a skill?
- ✓ The difference between a fixed mindset and agile mindset
- ✓ The importance of having an agile mindset
- ✓ The agility gap
- ✓ The need for agility in today's workforce

##### **FIVE COMPONENTS OF AGILITY**

- ✓ Self-Awareness
- ✓ Mental Agility
- ✓ People Agility
- ✓ Change Agility
- ✓ Result Agility

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## Business Agility and Growth Mindset

### Course Outline

#### ✓ 02 Day Two

##### FROM AMBIGUITY TO AGILITY

- ✓ How VUCA Affects the Business?
- ✓ Kübler-Ross' change curve
- ✓ Tools to control your mind and direct it towards positive avenues
- ✓ Business agility outcomes
- ✓ Agility and career growth

##### TRACOM'S IDEA AGILITY MODEL

- ✓ The Model Four Dimensions (Eight Elements)
- ✓ Investigate
- ✓ Design
- ✓ Energize
- ✓ Apply

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### Course Outline

#### ✓ 03 Day Three

##### **UNLOCKING AGILITY IN YOUR TEAM**

- ✓ What would happen if you take risks?
- ✓ How to Communicate Change and avoid resistance
- ✓ How to engage employees during change
- ✓ How to implement an agile mindset within your team members
- ✓ How to encourage innovation and collaboration

##### **GROWTH MINDSET**

- ✓ Growth Mindset Assessment
- ✓ What is Growth Mindset
- ✓ Why it Matters?
- ✓ Growth Mindset Vs. Fixed Mindset

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### Course Outline

#### ✓ **04 Day Four**

##### **THE POSITIVE MINDSET TO GROW**

- ✓ Growth Mindset vs. negative thinking
- ✓ How Growth Mindset can change your lifestyle
- ✓ How Growth Mindset Can change your Business environment
- ✓ How your mind and your thinking style can affect your body
- ✓ The link between thinking and actions.

##### **HOW TO BE GROWTH MINDSET DEVELOPER AT WORK**

- ✓ The power of “Not Yet”
- ✓ Learning goals vs. performance goals
- ✓ Using deliberate practice
- ✓ Feedback for Improvement
- ✓ Long-term goals re-visiting and re-assessment

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### Course Outline

#### ✓ 05 Day Five

##### **POSITIVE MINDSET: THE KEY TO SUCCESS**

- ✓ The Outcome of Positive Attitude
- ✓ Benefits of Positive Mental attitude in the workplace
- ✓ Discovering Your Own Filters at Work and in Life
- ✓ Identifying Our Biases, Perceptions and Filters
- ✓ Using Body Language to Influence Others

##### **HOW TO CHANGE YOUR MINDSET**

- ✓ Observing Your Thinking
- ✓ Changing Your Behavior:
- ✓ Optimism: Factors Affecting Happiness
- ✓ How Optimism Influences Health

##### **GROWTH MINDSET TIPS & TRICKS**

- ✓ Relaxing positively
- ✓ Adjusting your self-talk
- ✓ Positive Affirmations
- ✓ Be ready for constant changes

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## Business Agility and Growth Mindset

### Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
Aug. 3, 2026	Aug. 7, 2026	5 days	4250.00 \$	UAE , Dubai
April 26, 2026	April 30, 2026	5 days	4250.00 \$	KSA , Riyadh
Dec. 21, 2026	Dec. 25, 2026	5 days	4950.00 \$	Turkey , Istanbul
Feb. 1, 2027	Feb. 5, 2027	5 days	4250.00 \$	UAE , Dubai

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