



Consulting and Training | Reach New Heights

Course Name

Healthy Work Ecosystems People, Place & Productivity

Sector Name

HR Strategy and Training

Document Type

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Healthy Work Ecosystems People, Place & Productivity

Course Introduction

A healthy work ecosystem is an environment where people can perform sustainably, workplaces are intentionally designed, and productivity is enabled through systems rather than pressure alone. This course explores the interconnected elements that shape successful work ecosystems, human behaviour, workspace design, workflow efficiency, leadership influence, environmental psychology, and organizational productivity models. Participants will learn how to diagnose ecosystem health, remove friction points that impact output, and design workplace conditions that enhance focus, cooperation, and long-term performance.

The program is developed by **BOOST Consulting & Training**, integrating applied approaches for designing work ecosystems that support institutional productivity, employee well-being, workplace flow, and environment-enabled performance. The learning journey emphasizes practical tools such as workload diagnostics, workplace design thinking, productivity systems, environmental impact assessment, collaboration mapping, and actionable implementation roadmaps—without exams at the end of the course.

Healthy Work Ecosystems People, Place & Productivity

Target Audience

- ✓ Organizational leaders and senior managers
- ✓ HR and Employee Experience professionals
- ✓ Workplace design, operations, and productivity owners
- ✓ Department and team leaders managing people and workflow systems
- ✓ Professionals responsible for workplace culture, space optimization, and performance improvement

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Learning Objectives

1. Define the components of a healthy work ecosystem and how they influence performance.
2. Assess workplace health through culture, space, behaviours, and productivity drivers.
3. Design workflow systems that enable predictable, sustainable productivity.
4. Apply workspace design thinking to improve focus, teamwork, and output.
5. Strengthen accountability and collaboration as ecosystem performance enablers.
6. Identify environmental psychology impacts on employee energy and productivity.
7. Implement workload balance models that prevent burnout and improve delivery.
8. Build retention-supporting morale systems that sustain engagement.
9. Link ecosystem well-being indicators to measurable organizational performance.
10. Develop a practical Healthy Work Ecosystem Implementation Plan.

Healthy Work Ecosystems People, Place & Productivity

Course Outline

✓ DAY 01

Understanding Work Ecosystems

- ✓ What is a work ecosystem? Components and dimensions
- ✓ How people, place, and systems interact to shape performance
- ✓ Human behaviours and their impact on workplace flow
- ✓ Environmental influences on morale, energy, and focus
- ✓ Global ecosystem models vs applied workplace realities
- ✓ **Activity:** Workplace ecosystem self-assessment

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Course Outline

✓ Day 02

People — Culture, Collaboration & Accountability

- ✓ Culture as the foundation of a healthy work ecosystem
- ✓ Collaboration drivers and friction points
- ✓ Accountability and ownership systems
- ✓ Psychological safety and recognition impact
- ✓ Team cooperation enablers and blockers
- ✓ **Workshop:** Collaboration + accountability mapping

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Course Outline

✓ Day 03

Place — Workspace Design & Environment Psychology

- ✓ The role of physical and hybrid work environments
- ✓ Environmental psychology impact on productivity
- ✓ Noise, layout, digital load, energy drains, and focus zones
- ✓ Workplace design thinking principles
- ✓ Redesigning meeting culture, communication spaces, and workflow hubs
- ✓ **Simulation:** Workspace redesign challenge

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Course Outline

✓ Day 04

Productivity Systems & Workload Balance

- ✓ Productivity vs pressure: future workplace expectations
- ✓ Workflow efficiency and predictable delivery systems
- ✓ Workload distribution and capacity planning
- ✓ Burnout prevention through system design
- ✓ Protecting team energy while sustaining output
- ✓ **Lab:** Designing workload balance + delivery systems

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Course Outline

✓ Day 05

: Ecosystem Metrics & Implementation Plan

- ✓ Defining KPIs for ecosystem health, morale, space, and productivity
- ✓ Linking well-being indicators to organizational performance
- ✓ Monitoring productivity ROI without exams
- ✓ **Final group project:** Healthy Work Ecosystem Implementation Plan
- ✓ Presentations + structured feedback
- ✓ Course wrap-up and key takeaways

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Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
May 24, 2027	May 28, 2027	5 days	4250.00 \$	UAE , Abu Dhabi
Sept. 7, 2026	Sept. 11, 2026	5 days	4250.00 \$	UAE , Dubai
Dec. 28, 2026	Jan. 1, 2027	5 days	5950.00 \$	USA , Texas
Feb. 1, 2027	Feb. 5, 2027	5 days	4250.00 \$	UAE , Dubai

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