

Course Name

The Future Workplace: Productivity, Collaboration & Well-Being

Sector Name

HR Strategy and Training

Document Type

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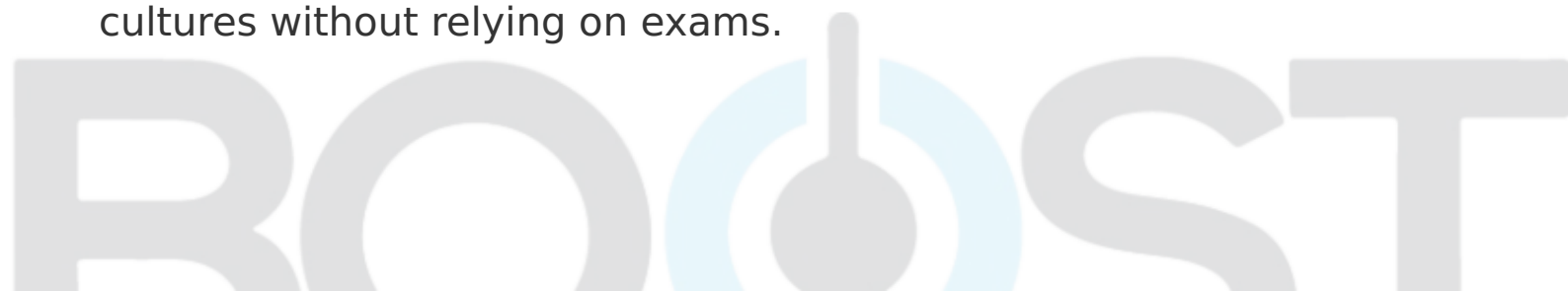


The Future Workplace: Productivity, Collaboration & Well-Being

Course Introduction

The future workplace is shaped by how organizations balance productivity demands with human well-being, digital-enabled collaboration, and sustainable performance practices. This course explores the evolving work environment through key lenses: workflow efficiency, cross-functional collaboration, employee wellness, psychological safety, and productivity systems that support people—not exhaust them. Participants will learn practical models to enhance focus, streamline work execution, reduce friction in teamwork, and create work environments that protect energy, promote well-being, and maintain high performance.

The program integrates applied methodologies developed by **BOOST Consulting & Training**, focusing on future-ready workplace principles such as productivity diagnostics, collaboration frameworks, workload optimization, well-being indicators, and work-life sustainability models. The learning journey emphasizes real organizational challenges and solutions, helping participants design actionable productivity and wellness plans that improve output, strengthen teamwork, and build healthier, more resilient workplace cultures without relying on exams.



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The Future Workplace: Productivity, Collaboration & Well-Being

Target Audience

- ✓ Senior leaders and decision makers shaping workplace culture and strategy
- ✓ HR, Organizational Development, and Employee Experience professionals
- ✓ Department heads and cross-functional team leaders
- ✓ Managers responsible for workflow, productivity planning, and team collaboration
- ✓ Professionals leading workplace wellness, performance, and employee enablement initiatives

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Learning Objectives

- ✓ Understand the defining characteristics of future workplace environments.
- ✓ Apply productivity systems that improve focus, output, and execution.
- ✓ Build structured collaboration frameworks to enhance teamwork and alignment.
- ✓ Optimize workflows and workload distribution for predictable delivery.
- ✓ Integrate workplace well-being practices into leadership behaviours and team operations.
- ✓ Measure productivity, collaboration, and well-being using practical performance indicators.
- ✓ Manage workplace friction and burnout risks effectively.
- ✓ Design sustainable retention and morale-driven workplace models.
- ✓ Implement resilience-building techniques that protect team energy and productivity.
- ✓ Develop a practical Future Workplace Action Plan for organizational implementation.

The Future Workplace: Productivity, Collaboration & Well-Being

Course Outline

✓ DAY 01

The Future Workplace Landscape

- ✓ Evolution of workplace environments
- ✓ Characteristics of future organizations
- ✓ Digital workplace productivity challenges
- ✓ Collaboration friction and organizational impact
- ✓ Workplace well-being: definitions and dimensions
- ✓ Future workplace benchmarking exercise

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Course Outline

✓ Day 02

Productivity Systems for High-Impact Execution

- ✓ Productivity vs efficiency vs output
- ✓ Focus and deep-work enablement models
- ✓ Workflow predictability systems
- ✓ Workload distribution and prioritization techniques
- ✓ Productivity diagnostics workshop

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Course Outline

✓ Day 03

Collaboration Frameworks that Power Teamwork

- ✓ Cross-functional teamwork models
- ✓ Collaboration enablers and blockers
- ✓ Reducing workplace friction
- ✓ Building accountability and shared ownership
- ✓ Collaboration design lab simulation

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Course Outline

✓ Day 04

Workplace Well-Being, Energy & Resilience

- ✓ Psychological safety at work
- ✓ Burnout prevention and energy sustainability
- ✓ Recognition systems and morale protection
- ✓ Communication impact on team wellness
- ✓ Resilience and workplace adaptability workshop

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Course Outline

✓ Day 05

Productivity, Collaboration & Well-Being Metrics + Action Plan

- ✓ KPIs and indicators for productivity and well-being
- ✓ Linking well-being metrics to performance ROI
- ✓ Monitoring engagement and wellness impact
- ✓ **Final project:** Future Workplace Action Plan + presentations
- ✓ Course wrap-up and strategic insights

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Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
Sept. 7, 2026	Sept. 11, 2026	5 days	4250.00 \$	UAE , Abu Dhabi
Nov. 2, 2026	Nov. 6, 2026	5 days	4950.00 \$	Spain , Madrid
Jan. 25, 2027	Jan. 29, 2027	5 days	4250.00 \$	UAE , Dubai
May 24, 2027	May 28, 2027	5 days	4250.00 \$	UAE , Dubai

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