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Course Name

Arbitration And Dispute Resolution (Legal) - Intermediate Level

Sector Name

Legal and Corporate Law

Document Type

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Course Introduction

Disputes are an inevitable aspect of commercial, contractual, and organizational relationships. As litigation becomes increasingly time-consuming, costly, and complex, arbitration and alternative dispute resolution (ADR) mechanisms have emerged as essential tools for resolving disputes efficiently, confidentially, and effectively. Legal professionals and business practitioners are therefore expected to understand not only the theory but also the practical application of arbitration and dispute resolution processes.

Responding to this need, **BOOST** has developed the Arbitration and Dispute Resolution (Legal) course for professionals who already possess foundational legal or contractual knowledge and seek to deepen their understanding of arbitration and ADR mechanisms. This intermediate-level program focuses on the legal framework, procedural stages, and strategic considerations involved in resolving disputes outside traditional court systems.

The course explores arbitration as a structured legal process, alongside other dispute resolution methods such as mediation and negotiation. Participants examine how disputes arise, how arbitration agreements are structured, how proceedings are conducted, and how awards are issued and enforced. Emphasis is

placed on practical decision-making, procedural compliance, and managing disputes effectively from initiation through resolution.

Through structured legal analysis, applied examples, and scenario-based discussions, participants strengthen their ability to support dispute resolution processes, interact confidently with legal counsel and arbitrators, and contribute to more effective management of legal disputes.

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Target Audience

- ✓ Legal professionals and in-house counsel
- ✓ Contract and commercial managers
- ✓ Compliance and governance professionals
- ✓ Project managers involved in contractual disputes
- ✓ Procurement and contract administration staff
- ✓ Public and private sector professionals dealing with disputes
- ✓ Professionals supporting arbitration or dispute resolution processes

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Learning Objectives

- ✓ Understand the legal foundations of arbitration and dispute resolution
- ✓ Distinguish between arbitration, litigation, and other ADR methods
- ✓ Analyze arbitration clauses and dispute resolution agreements
- ✓ Understand the stages and procedures of arbitration proceedings
- ✓ Recognize the roles and responsibilities of parties, arbitrators, and institutions
- ✓ Apply legal reasoning to dispute resolution scenarios
- ✓ Understand enforcement and challenge of arbitral awards
- ✓ Support effective and compliant dispute resolution strategies

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Course Outline

✓ DAY 01

Foundations of Arbitration and Dispute Resolution

- ✓ Nature and causes of legal and commercial disputes
- ✓ Overview of dispute resolution mechanisms
- ✓ Arbitration versus litigation
- ✓ Introduction to alternative dispute resolution (ADR) methods
- ✓ Advantages and limitations of arbitration
- ✓ Legal principles governing arbitration

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Course Outline

✓ Day 02

Arbitration Agreements and Legal Framework

- ✓ Arbitration clauses in contracts
- ✓ Validity and enforceability of arbitration agreements
- ✓ Institutional versus ad hoc arbitration
- ✓ Applicable laws and arbitration rules
- ✓ Jurisdiction and seat of arbitration
- ✓ Common drafting risks and issues

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Course Outline

✓ Day 03

Arbitration Procedures and Case Management

- ✓ Initiation of arbitration proceedings
- ✓ Appointment and role of arbitrators
- ✓ Procedural timelines and submissions
- ✓ Evidence, hearings, and witness examination
- ✓ Confidentiality and due process considerations
- ✓ Managing costs and efficiency in arbitration

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Course Outline

✓ Day 04

Awards, Enforcement, and Challenges

- ✓ Types of arbitral awards
- ✓ Legal reasoning and decision-making in awards
- ✓ Enforcement of arbitral awards
- ✓ Grounds for setting aside or challenging awards
- ✓ Recognition of foreign arbitral awards
- ✓ Post-award considerations and implications

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Course Outline

✓ Day 05

ADR Methods and Strategic Dispute Management

- ✓ Mediation and negotiation in dispute resolution
- ✓ Choosing the appropriate dispute resolution method
- ✓ Managing disputes strategically and proactively
- ✓ Preventing disputes through effective contract management
- ✓ Ethical considerations in dispute resolution
- ✓ Case-based discussion on dispute resolution strategies

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Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
March 15, 2027	March 19, 2027	5 days	4250.00 $	UAE , Dubai
June 21, 2027	June 25, 2027	5 days	4250.00 $	UAE , Abu Dhabi
Sept. 20, 2027	Sept. 24, 2027	5 days	4250.00 $	UAE , Abu Dhabi
Dec. 14, 2026	Dec. 18, 2026	5 days	4250.00 $	UAE , Abu Dhabi

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