

Course Name

Capability Development for Women's Empowerment in Petroleum Industry

Sector Name

Management And Leadership

Document Type

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Capability Development for Women's Empowerment in Petroleum Industry

Course Introduction

The petroleum industry is undergoing rapid transformation driven by technological advancement, sustainability expectations, and increasing emphasis on diversity and inclusion. As organizations strive to remain competitive and future-ready, empowering women to build strong professional capabilities and leadership confidence has become a strategic priority rather than a social initiative alone.

BOOST designed the Capability Development for Women's Empowerment in the Petroleum Industry program to support women at early and developing career stages in building the foundational capabilities required to succeed and grow within this complex and demanding sector. The program focuses on strengthening personal effectiveness, professional confidence, communication, decision-making, and workplace influence—within the unique context of the petroleum and energy industry.

This course provides participants with a safe, structured learning environment to understand industry expectations, navigate organizational dynamics, and develop the skills needed to contribute effectively while remaining authentic and resilient. It combines self-awareness, professional skill building, and practical workplace

application to enable participants to take ownership of their development journey.

Through interactive discussions, practical exercises, real-life scenarios, and guided reflection, participants will build clarity around their professional role, strengthen their confidence, and develop a proactive mindset that supports long-term career progression and organizational impact.

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Target Audience

- ✓ Female technical and non-technical staff in petroleum organizations
- ✓ Newly hired graduates and junior professionals
- ✓ Early-career engineers, analysts, and operations staff
- ✓ Support function employees (HR, finance, administration, HSE)
- ✓ Women transitioning into petroleum or energy-related roles
- ✓ High-potential women seeking structured capability development

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Learning Objectives

- ✓ Understand the importance of women's capability development within the petroleum industry
- ✓ Build awareness of personal strengths, development areas, and professional potential
- ✓ Strengthen self-confidence and professional presence in the workplace
- ✓ Develop effective communication skills for technical and non-technical environments
- ✓ Understand workplace dynamics, expectations, and professional boundaries
- ✓ Apply basic problem-solving and decision-making approaches in work situations
- ✓ Enhance collaboration, accountability, and resilience at work
- ✓ Create a personal development action plan aligned with career aspirations

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Capability Development for Women's Empowerment in Petroleum Industry

Course Outline

✓ DAY 01

Women's Empowerment and Capability Development Foundations

- ✓ Understanding empowerment in the workplace
- ✓ The evolving role of women in the petroleum industry
- ✓ Capability development versus job performance
- ✓ Personal values, mindset, and professional identity
- ✓ Recognizing strengths, skills, and growth areas
- ✓ Building a growth-oriented and confident mindset

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Course Outline

✓ Day 02

Self-Awareness, Confidence, and Professional Presence

- ✓ Developing self-awareness at work
- ✓ Confidence versus competence
- ✓ Managing self-doubt and internal barriers
- ✓ Professional presence and workplace credibility
- ✓ Managing emotions and stress in demanding environments
- ✓ Building resilience and adaptability

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Course Outline

✓ Day 03

Communication and Workplace Effectiveness

- ✓ Communication styles and their impact
- ✓ Clear and assertive communication in the workplace
- ✓ Speaking up with confidence and professionalism
- ✓ Active listening and constructive dialogue
- ✓ Managing feedback and difficult conversations
- ✓ Communicating across teams, roles, and hierarchies

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Course Outline

✓ Day 04

Problem Solving, Decision Making, and Collaboration

- ✓ Understanding workplace challenges in the petroleum sector
- ✓ Structured thinking and basic problem-solving approaches
- ✓ Making decisions with confidence and accountability
- ✓ Collaboration in cross-functional and multicultural teams
- ✓ Managing conflict professionally
- ✓ Building trust and positive working relationships

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Course Outline

✓ Day 05

Career Ownership, Leadership Readiness, and Action Planning

- ✓ Taking ownership of career development
- ✓ Understanding career pathways in the petroleum industry
- ✓ Building visibility and professional networks
- ✓ Introduction to leadership behaviors at early career stages
- ✓ Aligning personal goals with organizational objectives
- ✓ Developing a personal capability development action plan
- ✓ Program review, reflection, and next steps

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Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
March 15, 2027	March 19, 2027	5 days	4950.00 \$	Austria , Vienna
April 26, 2027	April 30, 2027	5 days	4250.00 \$	UAE , Dubai
July 26, 2027	July 30, 2027	5 days	4250.00 \$	UAE , Abu Dhabi
Oct. 19, 2026	Oct. 23, 2026	5 days	4250.00 \$	UAE , Dubai

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