



Consulting and Training | Reach New Heights

Course Name

Professional Road Safety & Defensive Driving

Sector Name

Health, Safety and Environment

Document Type

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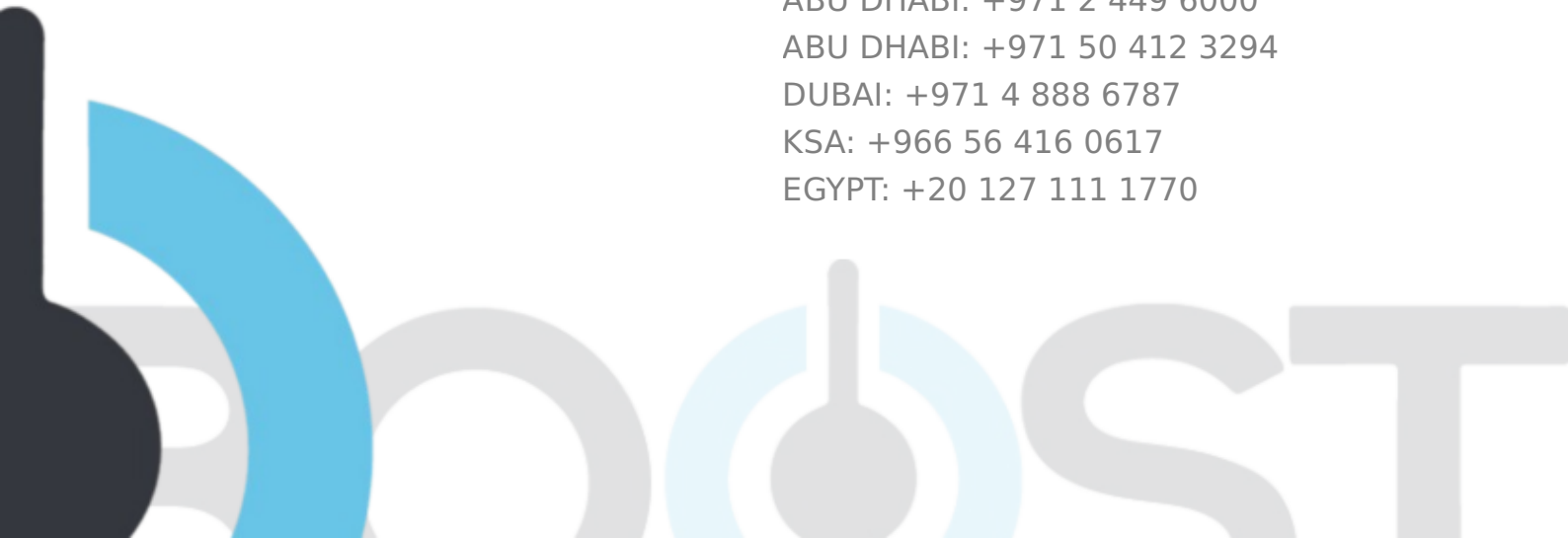
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Professional Road Safety & Defensive Driving

Course Introduction

Road Safety Training is developed and delivered by **Boost Consulting and Training** as part of its commitment to promoting workplace safety, risk prevention, and responsible driving culture. Recognizing that road-related incidents remain one of the leading causes of injuries and operational losses, this program is designed to equip drivers and employees with the knowledge, awareness, and practical skills required to operate vehicles safely and responsibly.

The training focuses on defensive driving techniques, hazard recognition, risk management, and compliance with traffic regulations. Through structured learning sessions, real-life case discussions, and practical scenarios, participants will gain the confidence to make safe decisions under varying road and environmental conditions.

By emphasizing prevention, accountability, and proactive behavior, Boost Consulting and Training aims to help organizations reduce accidents, protect employees, and strengthen their overall safety culture.



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Professional Road Safety & Defensive Driving

Target Audience

- ✓ Company drivers and fleet operators
- ✓ Field staff using company vehicles
- ✓ Sales representatives and outdoor teams
- ✓ Logistics and delivery personnel
- ✓ Supervisors overseeing transportation activities
- ✓ Employees who drive as part of their job responsibilities

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Learning Objectives

- ✓ Understand the importance of road safety and defensive driving
- ✓ Identify common causes of road accidents
- ✓ Apply hazard recognition and risk assessment techniques
- ✓ Demonstrate safe driving behaviors in various road conditions
- ✓ Manage speed, distance, and vehicle control effectively
- ✓ Respond appropriately to emergencies and unexpected situations
- ✓ Understand traffic laws and company driving policies
- ✓ Promote a culture of safety and accountability

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Professional Road Safety & Defensive Driving

Course Outline

✓ Day 01

Fundamentals of Road Safety

- ✓ Understanding road safety principles
- ✓ The impact of unsafe driving behaviors
- ✓ Common causes of road accidents
- ✓ Driver responsibility and legal accountability
- ✓ Traffic rules and regulatory compliance
- ✓ Effects of fatigue, distraction, and mobile phone usage
- ✓ Importance of seat belts and safety equipment
- ✓ Defensive driving mindset

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Course Outline

✓ Day 02

Defensive Driving Techniques

- ✓ Hazard perception and anticipation
- ✓ Safe following distance and speed management
- ✓ Lane discipline and safe overtaking
- ✓ Intersection safety
- ✓ Driving in urban vs. highway environments
- ✓ Night driving precautions
- ✓ Adverse weather driving techniques
- ✓ Managing blind spots

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Course Outline

✓ Day 03

Risk Management & Emergency Response

- ✓ Vehicle inspection and pre-trip checks
- ✓ Identifying mechanical risks
- ✓ Handling skidding and loss of control
- ✓ Emergency braking techniques
- ✓ Managing tire blowouts
- ✓ Responding to road accidents
- ✓ Reporting procedures and documentation
- ✓ Post-incident communication protocols

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Course Outline

✓ Day 04

Professional Driving Standards (Optional)

- ✓ Company vehicle usage policies
- ✓ Fuel efficiency and eco-driving techniques
- ✓ Time management for drivers
- ✓ Stress and anger management on the road
- ✓ Dealing with aggressive drivers
- ✓ Customer interaction for delivery drivers
- ✓ Maintaining professional image while driving

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Course Outline

✓ Day 05

Practical Assessment & Safety Commitment (Optional)

- ✓ Driving simulation exercises
- ✓ Scenario-based safety exercises
- ✓ Case study discussions
- ✓ Written knowledge assessment
- ✓ Individual feedback session
- ✓ Developing a personal road safety action plan
- ✓ Commitment to safe driving pledge

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Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
Oct. 18, 2026	Oct. 22, 2026	5 days	4250.00 \$	Oman , Muscat
Aug. 8, 2027	Aug. 12, 2027	5 days	4250.00 \$	Qatar , Doha
Dec. 28, 2026	Jan. 1, 2027	5 days	4250.00 \$	UAE , Dubai

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