

Consulting and Training | Reach New Heights

Course Name

Human-Centered Communication

Sector Name

Interpersonal Skills and Self Development

Document Type

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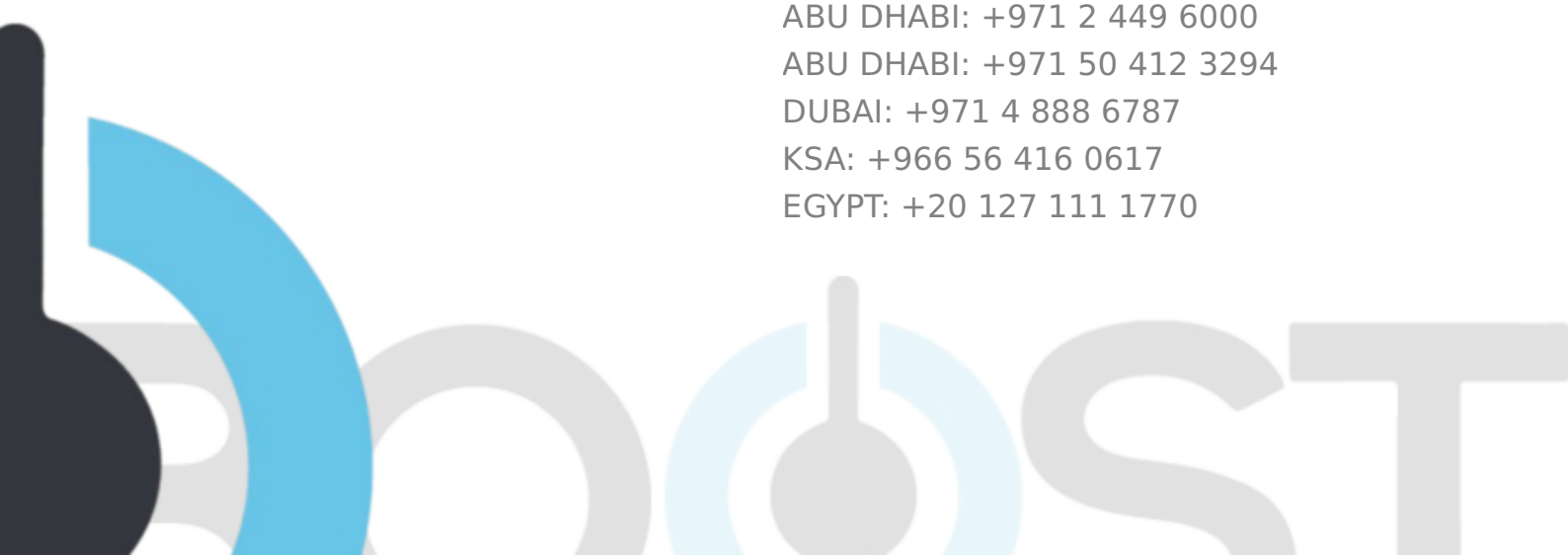
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Human-Centered Communication

Course Introduction

In an increasingly digital and fast-paced workplace, communication is no longer measured by how effectively information is delivered, but by how successfully people build understanding, trust, collaboration, and meaningful professional relationships. Organizations today recognize that technical expertise alone is not enough—professionals must also communicate with empathy, adaptability, cultural awareness, and emotional intelligence to foster productive teamwork and sustainable organizational success.

Developed by **BOOST Consulting & Training**, the **Human-Centered Communication** program enables professionals to transform workplace communication into a strategic capability that strengthens collaboration, improves professional relationships, reduces misunderstandings, and supports high-performing teams. The program integrates communication psychology, active listening, emotional awareness, inclusive dialogue, and collaborative communication practices to help participants create meaningful interactions that enhance both individual effectiveness and organizational performance.

Human-Centered Communication

Target Audience

- ✓ Professionals across all functions
- ✓ Team Leaders
- ✓ Supervisors
- ✓ Customer-Facing Professionals

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Learning Objectives

- ✓ Build trust through authentic professional communication.
- ✓ Improve active listening and meaningful dialogue.
- ✓ Communicate effectively across diverse workplace environments.
- ✓ Manage difficult conversations with confidence and empathy.
- ✓ Strengthen collaboration through human-centered interactions.
- ✓ Reduce communication barriers and misunderstandings.
- ✓ Develop a sustainable communication improvement plan.

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Human-Centered Communication

Course Outline

✓ Day 01

Foundations of Human-Centered Communication

Understanding Human Communication

- ✓ The evolution of communication in modern workplaces.
- ✓ The principles of human-centered communication.
- ✓ Building trust through meaningful interactions.

Self-Awareness in Communication

- ✓ Understanding personal communication styles.
- ✓ Recognizing communication preferences.
- ✓ Identifying barriers to effective interaction.

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Course Outline

✓ Day 02

Designing Meaningful Workplace Conversations

Active Listening Strategies

- ✓ Listening to understand rather than respond.
- ✓ Asking purposeful questions.
- ✓ Strengthening understanding through clarification.

Structuring Effective Dialogue

- ✓ Planning productive conversations.
- ✓ Adapting communication to different audiences.
- ✓ Creating psychologically safe discussions.

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Course Outline

✓ Day 03

Applying Communication for Collaboration

Managing Workplace Conversations

- ✓ Facilitating collaborative discussions.
- ✓ Handling difficult conversations constructively.
- ✓ Managing disagreement respectfully.

Communication Across Diverse Teams

- ✓ Working with multicultural teams.
- ✓ Adapting to different communication preferences.
- ✓ Strengthening inclusion through communication.

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Course Outline

✓ Day 04

Measuring Communication Effectiveness

Evaluating Communication Quality

- ✓ Measuring communication outcomes.
- ✓ Assessing collaboration effectiveness.
- ✓ Gathering constructive feedback.

Continuous Communication Improvement

- ✓ Improving communication habits.
- ✓ Strengthening relationship quality.
- ✓ Building consistent communication practices.

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Course Outline

✓ Day 05

Future-Ready Communication

Ethical & Sustainable Communication

- ✓ Building credibility through integrity.
- ✓ Maintaining long-term professional relationships.
- ✓ Creating a culture of respectful communication.

Building Your Communication Excellence Roadmap

- ✓ Defining long-term communication goals.
- ✓ Developing continuous learning strategies.
- ✓ Building future-ready communication capabilities.

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Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
Dec. 21, 2026	Dec. 25, 2026	5 days	4250.00 \$	UAE , Dubai

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