



Consulting and Training | Reach New Heights

Course Name

OSHA General Certificate in Health and Safety (30 Hours)

Sector Name

Health, Safety and Environment

Sector Name

Internationally Certified Training Programs

Document Type

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OSHA General Certificate in Health and Safety (30 Hours)

Course Introduction

Students will be introduced to OSHA policies, procedures, and standards, as well as general industry safety and health principles covered in the OSHA Act Part. Special emphasis will be placed on areas most hazardous, using OSHA standards as a guide.

Upon successful completion of the course, participants will receive an OSHA general industry safety and health 30-hour course completion certificate and wallet card from OSHACADEMY - USA.

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Target Audience

- ✓ Supervisors with safety and health responsibilities
- ✓ Safety Directors, managers, engineers, and supervisors
- ✓ Safety Inspectors and Safety Officers
- ✓ Engineers (All Disciplines)
- ✓ Operations and Maintenance supervisors and foremen

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Learning Objectives

- ✓ State the purpose of the OSH Act and list the functions of OSHA.
- ✓ List the OSHA inspection priorities and describe the inspection process.
- ✓ Describe the rights and responsibilities of employers and employees under the OSH Act.
- ✓ The basic requirements for proper aisle and passageway maintenance.
- ✓ Guidelines for identification and protection of floor openings.
- ✓ To understand the importance of an effective Egress fire protection program.
- ✓ To know the safe means of Egress to provide fire protection in emergencies from new or old buildings or structures.
- ✓ Outline the machine safeguarding methods.
- ✓ Occupational Health and Industrial Hygiene.
- ✓ Outline the general requirements for general safety standards, and establish the guidelines and requirements for special-purpose equipment.

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Course Outline

✓ DAY 01

Introduction to OSHA and Safety Regulations

- ✓ Walking and Working Surfaces
- ✓ Exit Routes, Emergency Action Plans, Fire

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Course Outline

✓ Day 02

Electrical Safety

- ✓ PPE
- ✓ Hazard Communication
- ✓ Materials Handling

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Course Outline

✓ Day 03

Powered Industrial Trucks

- ✓ Ergonomics
- ✓ Hazardous Materials (Flammable & Combustible)
- ✓ Permit Required Confined Space

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Course Outline

✓ Day 04

Lock-Out & Tag-Out

- ✓ Machine Guarding
- ✓ Welding & Cutting
- ✓ Introduction to Industrial Hygiene

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Course Outline

✓ Day 05

Bloodborne Pathogens

- ✓ Fall Protection
- ✓ Safety & Health Programs

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Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
Aug. 17, 2026	Aug. 21, 2026	5 days	4250.00 \$	UAE , Dubai
Jan. 11, 2027	Jan. 15, 2027	5 days	4950.00 \$	Spain , Madrid
Dec. 28, 2026	Jan. 1, 2027	5 days	4250.00 \$	UAE , Dubai
May 18, 2026	May 22, 2026	5 days	4250.00 \$	UAE , Abu Dhabi
Nov. 16, 2026	Nov. 20, 2026	5 days	4250.00 \$	UAE , Abu Dhabi

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