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Course Name

Skills to Upscale your Leadership as a Woman

Sector Name

Management And Leadership

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Skills to Upscale your Leadership as a Woman

Course Introduction

Companies that have a significant share of female leaders outperform their peers, according to McKinsey research. Women can bring different leadership skills and behaviors, but it’s not just about diversity of gender, it’s about the diversity of thought; more balanced teams make better decisions. This is invaluable in an industry reliant on new ways of working to boost productivity levels and unlock efficiencies.

Women bring a creative spark, intelligence, personality, professional ability, and motivation to their roles, but there are still constraints on career progression, both organizational and personal. especially women in leadership positions face several challenges.

This training course is designed to provide participants with the cutting-edge tools for powering up women's leadership skills in the field and learn how to deal with those challenges and perform at their peak by introducing techniques to lead, motivate, inspire and empower their teams. This course will also cover mastering tools for Communication and inspiring peak performance, hands-on experience using relationship management and Emotional Excellence tools while infusing them with confidence and motivation.

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Target Audience

✓ Women in leadership or aspiring to take on leadership roles.

✓ Mid-to-senior level managers looking to enhance their leadership capabilities.

✓ Entrepreneurs and business owners.

✓ Women professionals interested in personal and professional growth.

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Learning Objectives

- ✓ Discuss the challenges of women faces in their leadership roles.
- ✓ Discover how to overcome barriers to success at work.
- ✓ Explore the power of their leadership style by developing authentic leadership.
- ✓ Develop communication channels and the impact of gender diversity upon organizational success.
- ✓ Discuss how to manage perceptions and biases & get their voices heard in the workplace
- ✓ Master negotiation techniques to get buy in from others.
- ✓ Create the results you want with a powerful vision that drives you
- ✓ Apply techniques to empower yourself which will inspire your team to commit to their roles.
- ✓ Develop techniques for better working relationships using assertiveness
- ✓ Appreciate motivation, coaching & delegation to power up performance.
- ✓ Recognize the importance of achieving leadership emotional excellence.

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Course Outline

✓ 01 Day One

Women as Leaders

- ✓ The Role of women Leadership in the Organization
- ✓ Challenges of Women Leadership.
- ✓ The Glass Ceiling Phenomenon
- ✓ Defining limiting beliefs
- ✓ The Gender Gap
- ✓ The impact of external environment on decision making
- ✓ Strategies for overcoming leadership

The Power of Feminine Authenticity

- ✓ What are women's leadership strengths?
- ✓ What is your leadership 'style'?
- ✓ Your Value Proposition
- ✓ Authentic Leadership
- ✓ Mastering the three "R's":
- ✓ Risk (Self Confidence Gap)
- ✓ Resilience skills
- ✓ Reward

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Course Outline

✓ 02 Day Two

She is the Leader of now's Mindset"

- ✓ Leading through times of organizational change
- ✓ The Visionary Leader
- ✓ Growth mindset vs. Fixed mindset
- ✓ From Ambiguity to Agility
- ✓ Agility and career growth
- ✓ The Innovative Leader
- ✓ Tools to implement agility and innovation within your workplace

Communicating for Impact

- ✓ Barriers to effective communication
- ✓ Overcoming communication barriers
- ✓ Creating presence and charisma
- ✓ Personal preferences and language patterns
- ✓ The impact of body language and the power of non-verbal communication
- ✓ Active Listening

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Course Outline

✓ 03 Day Three

The Assertive Woman

- ✓ The leader's assertive Language
- ✓ How to be assertive without aggression
- ✓ Distinguishing between aggressiveness and assertiveness
- ✓ Identifying the three components to achieve assertive communication
- ✓ Develop skills in responding to criticism and adversity
- ✓ Using power and authority in a positive way
- ✓ Leveraging opportunity and relationships
- ✓ Breaking Barriers
- ✓ Setting the Boundaries
- ✓ Managing perceptions and biases
- ✓ How can address the subtle gender inequality
- ✓ Building rapport and the Circle of Trust Techniques
- ✓ Getting your voice heard in the workplace

Building Resilience

- ✓ Self-perception and the impact on confidence
- ✓ Harness the power of positive psychology
- ✓ Identifying limiting beliefs and personal blocks to success
- ✓ Develop mental toughness

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Course Outline

✓ 04 Day Four

Busting the Myth About Negotiation.

- ✓ Misconceptions about women in Negotiation
- ✓ Why women don't negotiate: barriers and challenges
- ✓ Gender differences in negotiation
- ✓ Negotiation as collaboration – a step-by-step process
- ✓ Determining objectives and asking for them
- ✓ Avoiding common mistakes
- ✓ Practical tactics to "win" in the field through negotiation
- ✓ Sources of power in negotiations.
- ✓ How to be persuasive and sell your ideas to get buy-in from others

Controlling Your Emotions by Emotional Intelligence

- ✓ Emotions—where they come from and how they affect you
- ✓ How do Emotions affect our work performance?
- ✓ Workplace emotional health check-up
- ✓ Emotions and behaviors that hinder success
- ✓ What is Emotional Intelligence?
- ✓ Benefits of EI
- ✓ 5 Dimensions of Daniel Goleman EI Model
- ✓ emotional excellence

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Course Outline

✓ 05 Day Five

Leading Others

- ✓ What are your preferences and those of your colleagues?
- ✓ Delegating and managing others
- ✓ Managing former colleagues
- ✓ Motivating and inspiring your team
- ✓ Managing team performance through coaching
- ✓ How to provide actionable feedback for others?
- ✓ Developing Strategies for Career Progression
- ✓ How women can develop their leadership capabilities at each stage

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Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
April 19, 2027	April 23, 2027	5 days	4250.00 $	UAE , Dubai
Aug. 9, 2027	Aug. 13, 2027	5 days	4950.00 $	Austria , Vienna
Nov. 15, 2026	Nov. 19, 2026	5 days	4250.00 $	KSA , Jeddah
Jan. 24, 2027	Jan. 28, 2027	5 days	4250.00 $	KSA , Dammam

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