



Consulting and Training | Reach New Heights

Course Name

# NEBOSH International General Certificate in Occupational Health and Safety

---

Sector Name

Health, Safety and Environment

Document Type

Generated by Boostlab

[Click Here To Visit Course](#)



ABU DHABI: +971 2 449 6000  
ABU DHABI: +971 50 412 3294  
DUBAI: +971 4 888 6787  
KSA: +966 56 416 0617  
EGYPT: +20 127 111 1770

ROOST

## NEBOSH International General Certificate in Occupational Health and Safety

### Course Introduction

Effectively manage health and safety. Explain human and organisational influences on health and safety.

ABU DHABI: +971 2 449 6000  
ABU DHABI: +971 50 412 3294  
DUBAI: +971 4 888 6787  
KSA: +966 56 416 0617  
EGYPT: +20 127 111 1770

[Click Here To Visit Course](#)

## NEBOSH International General Certificate in Occupational Health and Safety

### Target Audience

- ✓ Health and Safety Officers
- ✓ Environmental Health and Safety professionals
- ✓ Health and Safety Managers
- ✓ All professionals use health and safety requirements in their work processes

ABU DHABI: +971 2 449 6000  
ABU DHABI: +971 50 412 3294  
DUBAI: +971 4 888 6787  
KSA: +966 56 416 0617  
EGYPT: +20 127 111 1770

[Click Here To Visit Course](#)

## NEBOSH International General Certificate in Occupational Health and Safety

### Learning Objectives

- ✓ How to measure if you've been successful
- ✓ Identify relevant key international standards
- ✓ Identify and assess typical hazards in the workplace
- ✓ Recommend remedial action to control workplace hazards
- ✓ Investigate accidents and recommend preventative measures
- ✓ Describe potential ill-health effects arising from work environments

ABU DHABI: +971 2 449 6000  
ABU DHABI: +971 50 412 3294  
DUBAI: +971 4 888 6787  
KSA: +966 56 416 0617  
EGYPT: +20 127 111 1770

[Click Here To Visit Course](#)

## NEBOSH International General Certificate in Occupational Health and Safety

### Course Outline

#### ✓ DAY 01

##### **Unit IG1: Management of Health and Safety Element 1:**

##### **Why We Should Manage Workplace Health and Safety**

- ✓ Welcome Introduction
- ✓ Introduction to H&S / Key Terms
- ✓ The moral, financial, and legal reasons for managing health and safety in the workplace
- ✓ Explain how health and safety are regulated and the consequences of non-compliance
- ✓ Summarise the main health and safety duties of different groups of people at work
- ✓ Explain how contractors should be selected, monitored, and managed

ABU DHABI: +971 2 449 6000

ABU DHABI: +971 50 412 3294

DUBAI: +971 4 888 6787

KSA: +966 56 416 0617

EGYPT: +20 127 111 1770

[Click Here To visit Course](#)

## NEBOSH International General Certificate in Occupational Health and Safety

### Course Outline

#### ✓ Day 02

##### **Element 2: How Health and Safety Management Systems Work and What They Look Like**

- ✓ Safety Management Systems: What they are and the benefits they bring
- ✓ What a good health and safety management system looks like
- ✓ Plan - Do - Check - Act
- ✓ Responsibilities
- ✓ Practical arrangements

ABU DHABI: +971 2 449 6000

ABU DHABI: +971 50 412 3294

DUBAI: +971 4 888 6787

KSA: +966 56 416 0617

EGYPT: +20 127 111 1770

[Click Here To visit Course](#)

## NEBOSH International General Certificate in Occupational Health and Safety

### Course Outline

#### ✓ Day 03

##### **Element 3: Managing Risk - Understanding People and Processes**

- ✓ Health and safety culture
- ✓ Improving health and safety culture
- ✓ How human factors influence behaviour positively or negatively
- ✓ Assessing risk
- ✓ Management of change
- ✓ Safe systems of work for general work activities
- ✓ Permit-to-work systems
- ✓ Emergency procedures

ABU DHABI: +971 2 449 6000

ABU DHABI: +971 50 412 3294

DUBAI: +971 4 888 6787

KSA: +966 56 416 0617

EGYPT: +20 127 111 1770

[Click Here To vist Course](#)

## NEBOSH International General Certificate in Occupational Health and Safety

### Course Outline

#### ✓ Day 04

##### **Element 4: Health and Safety Monitoring and Measuring**

- ✓ Active and reactive monitoring
- ✓ Investigating incidents
- ✓ Health and safety auditing
- ✓ Review of health and safety performance

ABU DHABI: +971 2 449 6000

ABU DHABI: +971 50 412 3294

DUBAI: +971 4 888 6787

KSA: +966 56 416 0617

EGYPT: +20 127 111 1770

[Click Here To vist Course](#)

## NEBOSH International General Certificate in Occupational Health and Safety

### Course Outline

#### ✓ Day 05

##### **Unit IG2: (Health and safety auditing) Element 5:**

- ✓ Review of health and safety performance

ABU DHABI: +971 2 449 6000

ABU DHABI: +971 50 412 3294

DUBAI: +971 4 888 6787

KSA: +966 56 416 0617

EGYPT: +20 127 111 1770

[Click Here To vist Course](#)

## NEBOSH International General Certificate in Occupational Health and Safety

### Course Outline

#### ✓ Day 06

##### **Safe systems of work for general work activities**

- ✓ Permit-to-work systems
- ✓ Emergency procedures

ABU DHABI: +971 2 449 6000  
ABU DHABI: +971 50 412 3294  
DUBAI: +971 4 888 6787  
KSA: +966 56 416 0617  
EGYPT: +20 127 111 1770

[Click Here To vist Course](#)

## NEBOSH International General Certificate in Occupational Health and Safety

### Course Outline

#### ✓ Day 07

##### **Element 8: Health and Safety Monitoring and Measuring**

- ✓ Active and reactive monitoring

ABU DHABI: +971 2 449 6000

ABU DHABI: +971 50 412 3294

DUBAI: +971 4 888 6787

KSA: +966 56 416 0617

EGYPT: +20 127 111 1770

[Click Here To vist Course](#)

## NEBOSH International General Certificate in Occupational Health and Safety

### Course Outline

#### ✓ Day 08

##### **Safe systems of work for general work activities**

- ✓ Permit-to-work systems
- ✓ Emergency procedures

ABU DHABI: +971 2 449 6000  
ABU DHABI: +971 50 412 3294  
DUBAI: +971 4 888 6787  
KSA: +966 56 416 0617  
EGYPT: +20 127 111 1770

[Click Here To vist Course](#)

## NEBOSH International General Certificate in Occupational Health and Safety

### Course Outline

#### ✓ Day 09

#### **Unit IG3: Risk Assessment (Practical Assessment) Element 9:**

#### **Physical and Psychological Health**

- ✓ Noise
- ✓ Vibration
- ✓ Radiation

ABU DHABI: +971 2 449 6000  
ABU DHABI: +971 50 412 3294  
DUBAI: +971 4 888 6787  
KSA: +966 56 416 0617  
EGYPT: +20 127 111 1770

[Click Here To vist Course](#)

## NEBOSH International General Certificate in Occupational Health and Safety

### Course Outline

#### ✓ DAY 10

##### **Element 10: Mental ill-health**

- ✓ Violence at work
- ✓ Substance abuse at work

ABU DHABI: +971 2 449 6000  
ABU DHABI: +971 50 412 3294  
DUBAI: +971 4 888 6787  
KSA: +966 56 416 0617  
EGYPT: +20 127 111 1770

[Click Here To vist Course](#)

## NEBOSH International General Certificate in Occupational Health and Safety

### Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
Aug. 17, 2026	Aug. 28, 2026	10 days	6950.00 \$	England , London
Dec. 14, 2026	Dec. 25, 2026	10 days	5950.00 \$	UAE , Dubai
April 4, 2027	April 15, 2027	10 days	5950.00 \$	Qatar , Doha
May 24, 2027	June 4, 2027	10 days	5950.00 \$	UAE , Dubai

ABU DHABI: +971 2 449 6000  
ABU DHABI: +971 50 412 3294  
DUBAI: +971 4 888 6787  
KSA: +966 56 416 0617  
EGYPT: +20 127 111 1770

[Click Here To vist Course](#)

[info@boostuae.com](mailto:info@boostuae.com) [info@boostorg.com](mailto:info@boostorg.com)

Generated by BoostLab •

