



Consulting and Training | Reach New Heights

Course Name

Leading with Authenticity

Sector Name

Management And Leadership

Document Type

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Leading with Authenticity

Course Introduction

As the Harvard Business Review declared, “Authenticity has emerged as the gold standard for leadership.” Discovering your authentic leadership style will require not only honesty but courage. Reflecting on your experiences, owning your story, and understanding your values and motives will allow you to be a strong, authentic leader.

Through highly interactive group activities, self-assessment, and discussions, this workshop will give the Participants effective practical tools and techniques for leading with Authenticity. The Leading with Authenticity workshop will equip participants with practical tools to discover how to create balance in their lives, build trust, and empower others. Taking time to develop an authentic leadership style is a valuable journey that will create a lasting impact.

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Leading with Authenticity

Target Audience

- ✓ Senior Management and Executives.
- ✓ Middle Managers.
- ✓ Team Leaders and Supervisors.
- ✓ New Managers and Supervisors.
- ✓ Experienced Managers and Supervisors.
- ✓ High-Potential Employees.

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Leading with Authenticity

Learning Objectives

- ✓ Identify and discuss the perception of leadership
- ✓ Recognize what is authentic leadership
- ✓ Visualize the leading with the authenticity development process
- ✓ Generate value-centered leadership
- ✓ Find out how to develop a team to support your value-oriented leadership
- ✓ Explore strategies to influence, inspire & motivate people around you
- ✓ Appreciate the psychosocial model for decision making
- ✓ Use the Thomas-Kilmann conflict mode instrument
- ✓ Identify and manage dysfunctional, counter-productive team behaviour
- ✓ Deploy methods to overcome mental blocks and obtain the benefits of brainstorming
- ✓ Evaluate how emotionally intelligent affects authentic leadership style

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Leading with Authenticity

Course Outline

✓ **01 Day One**

Leadership in a Dynamic, Global Environment

- ✓ Perceptions of Leadership
- ✓ What is true leadership? Lessons from the past masters
- ✓ Modern leadership
- ✓ Human behavior, predictable outcomes

Authentic Leadership

- ✓ What is authentic leadership?
- ✓ Historical & Modern Context
- ✓ The Criticism of Authentic Leadership
- ✓ The Importance of Authentic Leadership

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Course Outline

✓ 02 Day Two

Developing Authentic Leadership

- ✓ Authenticity Inventory Assessment

Self-awareness: Self-Discovery

- ✓ The real 'me' versus the ideal 'me.'
- ✓ Understanding your inner spiritual dynamic
- ✓ Understand how you think

Self-Reflection

- ✓ How Perception Influences Our Leadership Style
- ✓ Personality and leadership style
- ✓ The Character of a Leader

Self-Development

- ✓ Improving our strengths & managing our weaknesses
- ✓ Real Leaders are emotionally intelligent
- ✓ Removing emotional and mental blind spots

Self Awareness - Action Plan

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Course Outline

✓ 03 Day Three

Value-Centered Leadership

- ✓ What are Core Values
- ✓ Having a strong foundation of values
- ✓ How to channel Values & Passion into one's own leadership.
- ✓ The difficult challenges faced in life.
- ✓ Examples of Great Leaders with Virtuous Values

Find and Develop Your Support Team

- ✓ Recipe for Successful Teams
- ✓ From Involvement to Empowerment
- ✓ Types of Effective Teams
- ✓ Stages of Team Growth
- ✓ Understanding Roles and Responsibilities of a Team
- ✓ Team Development - Action Plan

Leading with Authenticity

Course Outline

✓ **04 Day Four**

Lead, Inspire, and Empower Those Around You

- ✓ Enablers to lead with values
- ✓ Balancing Act: Extrinsic and Intrinsic Motivations
- ✓ Explore how to bring balance between the two.
- ✓ Managing your body and mind effectively
- ✓ Knowing the people influence factor
- ✓ Motivation & Empowerment – Action Plan

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Course Outline

✓ **05 Day Five**

Decision Making & Conflict Resolution in Value-Oriented Leadership

- ✓ Psychosocial Model for decision making
- ✓ Using the Thomas-Kilmann conflict mode instrument
- ✓ Managing dysfunctional, counter-productive team behavior
- ✓ Methods to overcome mental blocks, and obtain the benefits of brainstorming
- ✓ Decision-Making Action Plan

A Take-Home Action Plan

- ✓ I'll Stop ...
- ✓ I'll continue ...
- ✓ I'll Start...

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Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
April 5, 2027	April 9, 2027	5 days	4250.00 \$	UAE , Dubai
June 8, 2026	June 12, 2026	5 days	5950.00 \$	USA , Texas
Sept. 28, 2026	Oct. 2, 2026	5 days	4250.00 \$	UAE , Dubai
Dec. 21, 2026	Dec. 25, 2026	5 days	4250.00 \$	UAE , Abu Dhabi

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