



Consulting and Training | Reach New Heights

Course Name

OSHACADEMY General Industry Safety & Health Training 30-Hour

Sector Name

Internationally Certified Training Programs

Document Type

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OSHACADEMY General Industry Safety & Health Training 30-Hour

Course Introduction

Students will be introduced to OSHA policies, procedures and standards as well as general industry safety and health principles covered in OSHA Act Part. Special emphasis will be placed on areas most hazardous using OSHA standards as a guide.

Upon successful completion of the course, participants will receive an OSHA general industry safety and health 30-hour course completion certificate and wallet card from OSHACADEMY – USA.

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Target Audience

- ✓ Health and Safety Managers
- ✓ All professionals use health and safety requirements in their work processes.

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Learning Objectives

- ✓ State the purpose of the OSH Act and list the functions of OSHA.
- ✓ List the OSHA inspection priorities and describe the inspection process.
- ✓ Describe the rights and responsibilities of employers and employees under the OSH Act.
- ✓ The basic requirements for proper aisle and passageway maintenance.
- ✓ Guidelines for identification and protection of floor openings.
- ✓ To understand the importance of effective Egress fire protection program.
- ✓ To know the safe means of Egress to provide fire protection in emergencies from new or old buildings or structures.
- ✓ Outline the machine safeguarding methods.
- ✓ Occupational Health and Industrial Hygiene.
- ✓ Outline the general requirements for general safety standards, establish the guidelines and requirements for special purpose equipment.

OSHACADEMY General Industry Safety & Health Training 30-Hour

Course Outline

✓ DAY 01

Introduction to OSHA and Safety Regulations

- ✓ Walking and Working Surfaces
- ✓ Exit Routes, Emergency Action Plans, Fire

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Course Outline

✓ Day 02

Electrical Safety

- ✓ PPE
- ✓ Hazard Communication
- ✓ Materials Handling

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Course Outline

✓ Day 03

Powered Industrial Trucks

- ✓ Ergonomics
- ✓ Hazardous Materials (Flammable & Combustible)
- ✓ Permit Required Confined Space

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Course Outline

✓ Day 04

Lock-Out & Tag-Out

- ✓ Machine Guarding
- ✓ Welding & Cutting
- ✓ Introduction to Industrial Hygiene
- ✓ Bloodborne Pathogens

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Course Outline

✓ Day 05

Fall Protection

✓ Safety & Health Programs

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Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
March 29, 2027	April 2, 2027	5 days	4950.00 \$	Spain , Madrid
May 23, 2027	May 27, 2027	5 days	4250.00 \$	KSA , Riyadh
Aug. 30, 2027	Sept. 3, 2027	5 days	4250.00 \$	UAE , Dubai
Jan. 4, 2027	Jan. 8, 2027	5 days	4250.00 \$	UAE , Abu Dhabi

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