Consulting and Training | Reach New Heights

Course Name

Innovative Team Building for Modern Organizations

Sector Name

Management And Leadership

Document Type

Generated by Boostlab

Click Here To Visit Course

ABU DHABI: +971 2 449 6000
ABU DHABI: +971 50 412 3294
DUBAI: +971 4 888 6787
KSA: +966 56 416 0617
EGYPT: +20 127 111 1770

BOOST
Consulting and Training | Reach New Heights

Innovative Team Building for Modern Organizations

Course Introduction

This training Program is designed to provide participants with powerful tools to build positive, motivated and empowered teams.

In addition, this training Program will help participants to understand how EQ influences capacity to respond to others, and lead them to communicate more effectively, develop interpersonal skills and build rapport with others in the workplace.

Plus, this training program will also help participants to Recognize and apply Conflict Resolution Models, Master Conflict Management Skills, Develop an extraordinary conflict resolution action plan, and Understand and apply Conflict Reduction Techniques.

ABU DHABI: +971 2 449 6000
ABU DHABI: +971 50 412 3294
DUBAI: +971 4 888 6787
KSA: +966 56 416 0617
EGYPT: +20 127 111 1770

Click Here To Visit Course

BOOST
Consulting and Training | Reach New Heights

Innovative Team Building for Modern Organizations

Target Audience

- ✓ Team leaders, managers, and supervisors.
- ✓ HR professionals and organizational development specialists.
- ✓ Business owners and entrepreneurs looking to enhance teamwork.
- ✓ Employees looking to improve team collaboration and engagement.
- ✓ Organizations transitioning to remote or hybrid work environments.

ABU DHABI: +971 2 449 6000
ABU DHABI: +971 50 412 3294
DUBAI: +971 4 888 6787
KSA: +966 56 416 0617
EGYPT: +20 127 111 1770

Click Here To Visit Course

BOOST

BOOST
Consulting and Training | Reach New Heights

Innovative Team Building for Modern Organizations

Learning Objectives

- ✓ Recognize How to be a successful leader.
- ✓ Discover the Stages and roles of building teams.
- ✓ Identify How to connect with the team to achieve success.
- ✓ Recognize Different types of team players and apply more successful team communication strategies.
- ✓ Recognize the Emotions, and Emotional Intelligence importance.
- ✓ Identify all main personality types and how to deal with each of them.
- ✓ Describe the emotional personality types and how to deal with each.
- ✓ Handle Cognitive distortions with accurate actions.
- ✓ Practice the role of stakeholder management in Emotional Intelligence.
- ✓ Identify Workplace Conflict’s nature, aspects, types and Life cycle.
- ✓ Recognize Conflict Resolution Models and understand how to apply Thomas Kilmann Instrument.
- ✓ Master Conflict management Skills.
- ✓ Design and Implement Conflict Resolution policy.
- ✓ Master Handling angry: Manager, Employee, Customer or stakeholder.
- ✓ Interpret and apply Conflict Reduction Techniques.
- ✓ Develop the perfect adoptive Mindset to better Conflict resolution.

ABU DHABI: +971 2 449 6000
ABU DHABI: +971 50 412 3294
DUBAI: +971 4 888 6787
KSA: +966 56 416 0617
EGYPT: +20 127 111 1770

Click Here To Visit Course

Innovative Team Building for Modern Organizations

Course Outline

✓ 01 Day One

Team Leadership:

- ✓ Understanding the real meaning of leadership.
- ✓ Different types of leaders.
- ✓ The different between a leader and a manager
- ✓ Applying leadership case studies
- ✓ Managing a team with success

Stages of Team Building:

- ✓ Understanding the Tuckman theory – stages of team building:
- ✓ Forming – starting the team
- ✓ Storming – conflict and negotiation
- ✓ Norming – understanding the roles
- ✓ Performing – Performing the roles with excellence
- ✓ The roles of a leader during the team building stages
- ✓ Team SMART goals setting
- ✓ Reflecting back on the department/division goals
- ✓ Overcoming challenges and establishing links

ABU DHABI: +971 2 449 6000
ABU DHABI: +971 50 412 3294
DUBAI: +971 4 888 6787
KSA: +966 56 416 0617
EGYPT: +20 127 111 1770

Click Here To vist Course

BOOST
Consulting and Training | Reach New Heights

Innovative Team Building for Modern Organizations

Course Outline

✓ 02 Day Two

Team Planning and Organizing:

- ✓ Planning, prioritizing and scheduling work
- ✓ Helping the team taking control of its time and tasks
- ✓ Delegating tasks and responsibilities
- ✓ Group dynamics and team formation
- ✓ Running productive meetings
- ✓ Team performance management and KPI's

Effective Team Player:

- ✓ Types of Team players.
- ✓ Belbin's Team 9 roles.
- ✓ The Trust/Relationship Model.
- ✓ Building trust within the team.
- ✓ Giving Feedback to Improve Performance.
- ✓ The essential habits of highly effective teams.
- ✓ Understanding communication styles.

ABU DHABI: +971 2 449 6000
ABU DHABI: +971 50 412 3294
DUBAI: +971 4 888 6787
KSA: +966 56 416 0617
EGYPT: +20 127 111 1770

Click Here To vist Course

BOOST
Consulting and Training | Reach New Heights

Innovative Team Building for Modern Organizations

Course Outline

✓ 03 Day Three

Master Using Emotional Intelligence:

- ✓ The difference between Trait EI and Ability EI.
- ✓ Intrapersonal and interpersonal intelligence.
- ✓ Benefits of EI.
- ✓ 5 Dimensions of Trait Danial Goleman EI Model.
- ✓ Emotions as the basis of performance.
- ✓ The different types of personalities.
- ✓ How to deal with each personality type.
- ✓ Types of Action and Reaction in human behavior.
- ✓ EI Self-assessment and understanding the results.

Social Management:

- ✓ Handling work objections and distractions.
- ✓ Flexibility and adaptability.
- ✓ Types of Empathy and when to use each one of them.
- ✓ Understanding empathy and its impact on relationships.
- ✓ Persuasion, circle of interest and circle of influence.
- ✓ Aligning personal and organizational values for peak performance.

ABU DHABI: +971 2 449 6000
ABU DHABI: +971 50 412 3294
DUBAI: +971 4 888 6787
KSA: +966 56 416 0617
EGYPT: +20 127 111 1770

Click Here To vist Course

Consulting and Training | Reach New Heights

Innovative Team Building for Modern Organizations

Course Outline

✓ 04 Day Four

Understanding Workplace Conflicts:

- ✓ Introduction to Conflict: its nature and aspects.
- ✓ Understanding workplace conflict types: “Leadership Conflicts, Cultural-based Conflicts, Personality Conflicts and leadership conflicts”.
- ✓ Consequences of Conflict.
- ✓ A Two-Dimensional model of conflict.
- ✓ Why Does Workplace conflict occurs?
- ✓ Conflicts’ Life cycle.
- ✓ Relation between organizational performance and conflict.

Conflict Resolution Techniques:

- ✓ Principles of Conflict Resolution.
- ✓ Conflict Resolution Models:
- ✓ Awareness
- ✓ Self-Preparation
- ✓ Conflict Reduction
- ✓ Negotiation
- ✓ Agreement
- ✓ Conflict Resolution using the Thomas Kilmann Instrument:
  - ✓ Collaboration
  - ✓ Competition
  - ✓ Compromise
  - ✓ Accommodating

- ✓ Avoidance

- ✓ Conflict resolution tools.
- ✓ Finding the mutual requirements of conflict resolution.

ABU DHABI: +971 2 449 6000
ABU DHABI: +971 50 412 3294
DUBAI: +971 4 888 6787
KSA: +966 56 416 0617
EGYPT: +20 127 111 1770

Click Here To vist Course

BOOST
Consulting and Training | Reach New Heights

Innovative Team Building for Modern Organizations

Course Outline

✓ 05 Day Five

The Conflicts management Responsibilities and skills:

- ✓ Continuous monitoring.
- ✓ Understanding and analyzing staff Complaints.
- ✓ How to behave with conflicts?
- ✓ What are Constructive conflict management and how to apply it?
- ✓ Developing conflicts resolution action plan.
- ✓ What is the right time to solve conflicts?
- ✓ Design and Implement Conflict Resolution policy.
- ✓ Handling angry: Manager, Employee, Customer or stakeholder.
- ✓ Required Negotiation skills.
- ✓ Listen to others' point of view- reflective listening.
- ✓ Point out differences- agree and disagree.
- ✓ Continue cycle on points you disagree.
- ✓ Practical Application: Role-Playing activity.
- ✓ How the Adoptive mindset lead to better Conflict resolution?
- ✓ Why do we resist change?
- ✓ Influencing skills: Best practices to influence others to implement change and solve conflicts.
- ✓ Practical Application on Conflict Resolution and Influencing skills.

ABU DHABI: +971 2 449 6000
ABU DHABI: +971 50 412 3294
DUBAI: +971 4 888 6787
KSA: +966 56 416 0617
EGYPT: +20 127 111 1770

Click Here To vist Course

BOOST
Consulting and Training | Reach New Heights

Innovative Team Building for Modern Organizations

Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
July 18, 2027	July 22, 2027	5 days	4250.00 $	KSA , Al Khobar
Oct. 18, 2027	Oct. 22, 2027	5 days	4950.00 $	Spain , Barcelona
April 19, 2027	April 23, 2027	5 days	4250.00 $	UAE , Abu Dhabi
Feb. 1, 2027	Feb. 5, 2027	5 days	4250.00 $	UAE , Dubai

ABU DHABI: +971 2 449 6000
ABU DHABI: +971 50 412 3294
DUBAI: +971 4 888 6787
KSA: +966 56 416 0617
EGYPT: +20 127 111 1770

Click Here To vist Course

info@boostuae.com info@boostorg.com