



Consulting and Training | Reach New Heights

**Course Name**

# Empowering leadership skills for Women

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**Sector Name**

Management And Leadership

**Document Type**

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## Empowering leadership skills for Women

### Course Introduction

Companies that have a significant share of female leaders outperform their peers, according to McKinsey research.

Women can bring different leadership skills and behaviors, but it's not just about diversity of gender; it's about the diversity of thought; more balanced teams make better decisions. This is invaluable in an industry reliant on new ways of working to boost productivity levels and unlock efficiencies.

Women bring a creative spark, intelligence, personality, professional ability, and motivation to their roles, but there are still constraints on career progression, both organizational and personal. especially women in leadership positions face several challenges.

This interactive online program, "Skills for Women to Lead," is designed for women to support them in the workplace and will give them cutting-edge tools for powering up women's leadership skills in the field, and learn how to deal with those challenges and perform at their peak by introducing techniques to lead, motivate, inspire, and empower their teams. As well as Mastering tools for Communication and inspiring peak performance, how to gain hands-on experience using relationship management and Emotional Excellence tools while infusing them with confidence and motivation.

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### Target Audience

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## Empowering leadership skills for Women

### Learning Objectives

- ✓ Discuss the Challenges of Women faces in their leadership roles
- ✓ Discover how to overcome barriers to success at work.
- ✓ Explore the power of their leadership style by developing Authentic leadership.
- ✓ State the strengths of women's leadership
- ✓ Develop their Communication channels and the impact of gender diversity upon organizational success.
- ✓ Discuss how to manage perceptions and biases & get their voices heard in the workplace
- ✓ Examine How to Build Resilience to Harness Their Confidence & Success
- ✓ Master Negotiation techniques to get buy-in from others
- ✓ Create the results you want with a powerful vision that drives you
- ✓ Apply Techniques to empower yourself, which will inspire your team to commit to their roles.
- ✓ Implement Techniques for better communication.
- ✓ Develop techniques for better working relationships using assertiveness
- ✓ Appreciate motivation, Coaching & Delegation to power up performance.
- ✓ Recognize the importance of achieving leadership emotional excellence

✓ Find out how to handle teams and negotiate assertively.

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## Empowering leadership skills for Women

### Course Outline

#### ✓ **01 Day One**

##### **Women as Leaders**

- ✓ The Role of women Leadership
- ✓ Challenges of Women's Leadership.
- ✓ The Glass Ceiling Phenomenon
- ✓ Defining limiting beliefs
- ✓ The Gender Gap
- ✓ The impact of the external environment on decision-making
- ✓ Strategies for overcoming leadership

##### **The power of feminine authenticity**

- ✓ What are women's leadership strengths?
- ✓ What is your leadership 'style'?
- ✓ Your Value Proposition
- ✓ Authentic Leadership
- ✓ Mastering the three "R's":
- ✓ Risk (Self-Confidence Gap)
- ✓ Resilience skills
- ✓ Reward
- ✓ Key Trends & Their Impact in your leadership Style

## **She is the Leader of Now's Mindset.**

- ✓ Leading through times of organizational change
- ✓ The Visionary Leader
- ✓ Growth mindset vs. Fixed mindset
- ✓ From Ambiguity to Agility
- ✓ Agility and career growth
- ✓ The Innovative Leader
- ✓ Tools to implement agility and innovation within your workplace

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### Course Outline

#### ✓ 02 Day Two

##### **Communicating for Impact**

- ✓ Barriers to effective communication
- ✓ Overcoming communication barriers
- ✓ Creating presence and charisma
- ✓ Personal preferences and language patterns
- ✓ The impact of body language and the power of non-verbal communication
- ✓ Active Listening

##### **The Assertive Woman**

- ✓ The leader's assertive Language
- ✓ How to be assertive without aggression
- ✓ Distinguishing between aggressiveness and assertiveness
- ✓ Identifying the three components to achieve assertive communication
- ✓ Develop skills in responding to criticism and adversity
- ✓ Using power and authority in a positive way
- ✓ Leveraging opportunity and relationships

## Empowering leadership skills for Women

### Course Outline

#### ✓ 03 Day Three

##### **Breaking Barriers**

- ✓ Setting the Boundaries
- ✓ Managing perceptions and biases
- ✓ How can we address the subtle gender inequality
- ✓ Building rapport and the Circle of Trust Techniques
- ✓ Getting your voice heard in the workplace

##### **Building Resilience**

- ✓ Self-perception and the impact on confidence
- ✓ Harness the power of positive psychology
- ✓ Identifying limiting beliefs and personal blocks to success
- ✓ Develop mental toughness

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### Course Outline

#### ✓ 04 Day Four

##### **Busting the Myth About Negotiation.**

- ✓ Misconceptions about women in Negotiation
- ✓ Why women don't negotiate: barriers and challenges
- ✓ Gender differences in negotiation
- ✓ Negotiation as collaboration - a step-by-step process
- ✓ Determining objectives and asking for them
- ✓ Avoiding common mistakes
- ✓ Practical tactics to "win" in the field through negotiation
- ✓ Sources of power in negotiations.
- ✓ How to be persuasive and sell your ideas to get buy-in from others

##### **Controlling Your Emotions by Emotional Intelligence**

- ✓ Emotions—where they come from and how they affect you
- ✓ How do Emotions affect our work performance?
- ✓ Workplace emotional health check-up
- ✓ Emotions and behaviors that hinder success
- ✓ What is Emotional Intelligence?
- ✓ Benefits of EI
- ✓ 5 Dimensions of Daniel Goleman's EI Model
- ✓ Emotional excellence

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### Course Outline

#### ✓ **05 Day Five**

##### **Leading others**

- ✓ What are your preferences and those of your colleagues?
- ✓ Delegating and managing others
- ✓ Managing former colleagues
- ✓ Motivating and inspiring your team
- ✓ Managing team performance through coaching
- ✓ How to provide actionable feedback for others?
- ✓ Developing Strategies for Career Progression
- ✓ How women can develop their leadership capabilities at each stage

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### Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
June 22, 2026	June 26, 2026	5 days	4250.00 \$	UAE , Dubai
July 13, 2026	July 17, 2026	5 days	4250.00 \$	UAE , Abu Dhabi
Dec. 7, 2026	Dec. 11, 2026	5 days	4250.00 \$	UAE , Abu Dhabi
March 29, 2027	April 2, 2027	5 days	5950.00 \$	switzerland , Geneva

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