



Consulting and Training | Reach New Heights

Course Name

Leading with Confidence: The New Managers Program

Sector Name

Management And Leadership

Document Type

Generated by Boostlab

[Click Here To Visit Course](#)

ABU DHABI: +971 2 449 6000

ABU DHABI: +971 50 412 3294

DUBAI: +971 4 888 6787

KSA: +966 56 416 0617

EGYPT: +20 127 111 1770

Leading with Confidence: The New Managers Program

Course Introduction

This training program from **BOOST** is designed to support the development of new managers and emerging leaders within organizations. It equips participants with the essential knowledge, practical tools, and managerial mindset required to transition successfully into leadership roles.

The program provides participants with valuable insight to develop a personal leadership strategy that enhances individual performance while effectively leveraging the capabilities and strengths of others across the organization. Participants will learn how to establish clear, strategic, and well-defined goals, align team efforts with organizational objectives, and lead with confidence and credibility.

In addition, the program focuses on building strong interpersonal skills that enable new managers to gain and sustain respect from peers and team members, manage expectations, and navigate workplace dynamics. Participants will also develop practical approaches to addressing and overcoming common people-management challenges, including difficult conversations, performance issues, and team engagement, ensuring a strong foundation for long-term leadership success.



ABU DHABI: +971 2 449 6000
ABU DHABI: +971 50 412 3294
DUBAI: +971 4 888 6787
KSA: +966 56 416 0617
EGYPT: +20 127 111 1770

[Click Here To Visit Course](#)

BOOST

Leading with Confidence: The New Managers Program

Target Audience

Newly promoted managers, first-time leaders, and those transitioning into management roles who want to build a solid foundation of leadership skills and gain confidence in managing teams, projects, and organizational goals.

ABU DHABI: +971 2 449 6000

ABU DHABI: +971 50 412 3294

DUBAI: +971 4 888 6787

KSA: +966 56 416 0617

EGYPT: +20 127 111 1770

[Click Here To Visit Course](#)



Leading with Confidence: The New Managers Program

Learning Objectives

- ✓ Identify the Leadership Challenge for new managers.
- ✓ Interpret the Four Competencies of Effective Leadership.
- ✓ Identify the Leadership Skills That Will Be Needed in the Next Five Years.
- ✓ Explore the Forces Encouraging Leadership and the Constraints Working.
- ✓ Identify the Types of Teams and why teams fail.
- ✓ Master Understanding employees' characteristics.
- ✓ Identify and apply the stages of team development (Tuckman).
- ✓ Mastering emotional intelligence skills.
- ✓ Identify the 4 principles of interpersonal communication for new managers.
- ✓ Develop Active listening and Questioning Skills.
- ✓ Master Building Trust and Credibility with employees.
- ✓ Identify and apply techniques of Conflict Resolution.
- ✓ Master building Accountability and Commitment.
- ✓ Understand how to Build Effective Workplace Relationships.
- ✓ Acquire effective Problem-Solving and decision-making skills.
- ✓ Interpret and apply Coaching skills for Modern-day Managers.
- ✓ Master the art of influencing and motivation.
- ✓ Identify how to allocate tasks to others and master delegation.

ABU DHABI: +971 2 449 6000
ABU DHABI: +971 50 412 3294
DUBAI: +971 4 888 6787
KSA: +966 56 416 0617
EGYPT: +20 127 111 1770

[Click Here To Visit Course](#)



Leading with Confidence: The New Managers Program

Course Outline

✓ **01 Day One**

Introduction to Leadership - A Working Leadership Model

- ✓ The Leadership Challenge.
- ✓ The Four Competencies of Effective Leadership.
- ✓ Define What Leadership Is from a Supervisor's Point of View.
- ✓ Effective "Followership".
- ✓ Behavioural Differences between Leaders and Managers.
- ✓ Rank Leadership Characteristics.
- ✓ Identify the Leadership Skills That Will Be Needed in the Next Five Years.
- ✓ Explore the Forces Encouraging Leadership and the Constraints Working.
- ✓ Examine Your Own Leadership Capability.
- ✓ Leading With a Positive Attitude.

Teams and leadership:

- ✓ Teams Vs. Groups.
- ✓ Types of Teams.
- ✓ Why do teams fail?
- ✓ Understanding your employees' characteristics.
- ✓ Top Qualities of a Successful Team.
- ✓ Stages of team development (Tuckman).
- ✓ Case studies.

ABU DHABI: +971 2 449 6000
ABU DHABI: +971 50 412 3294
DUBAI: +971 4 888 6787
KSA: +966 56 416 0617
EGYPT: +20 127 111 1770

[Click Here To vist Course](#)

ROOST

Leading with Confidence: The New Managers Program

Course Outline

✓ 02 Day Two

Emotional Intelligence:

- ✓ What Is Emotional Intelligence? And why is it important for new managers?
- ✓ Self-Awareness and Self-Management.
- ✓ Overcoming Emotional Triggers.
- ✓ Social Awareness and Relationship Management.

Effective Communication Skills:

- ✓ Workplace Communication Fundamentals.
- ✓ Elements of the communication process.
- ✓ Communication delivery aspects.
- ✓ The 4 principles of interpersonal communication.
- ✓ Verbal and Nonverbal Communication.
- ✓ Active listening techniques.
- ✓ Communication Behaviors.

Communications and Perceptions:

- ✓ How Perceptions Influence Relationships.
- ✓ Distracting When Communicating One-on-One and in Groups.
- ✓ Questioning Skills: How to Ask Effective Questions.

- ✓ Building Trust and Credibility with employees.
- ✓ Understanding and Managing Assumptions.
- ✓ Reducing Defensiveness.
- ✓ Applying Direct and Indirect Messages.
- ✓ Conflict Resolution: Overcoming Negative Responses.
- ✓ Resolve a Communication Case Created from Other Group Members' Work Experiences.
- ✓ Building Accountability and Commitment: Best Practices.
- ✓ Case Studies.
- ✓ Role-Playing Activity.

ABU DHABI: +971 2 449 6000

ABU DHABI: +971 50 412 3294

DUBAI: +971 4 888 6787

KSA: +966 56 416 0617

EGYPT: +20 127 111 1770

[Click Here To vist Course](#)



Leading with Confidence: The New Managers Program

Course Outline

✓ 03 Day Three

Building Effective Workplace Relationships:

- ✓ Defining the “Ideal Relationship”.
- ✓ Behaviours – Those That Support / Those That Undermine.
- ✓ Assessing Your Relationships.
- ✓ Self-Awareness and Self-Concept.
- ✓ Knowledge Is Power – Share Fully.
- ✓ Using Feedback Skills to Build High-Performance Relationships.

Problem-Solving and Decision Making:

- ✓ Problem Solving: models and techniques.
- ✓ Rapid solution-focused methods of problem solving.
- ✓ Creative Problem Solving: a powerful model for increased innovation.
- ✓ Powerful, Effective Decision-Making Model.
- ✓ Utilising Kaizen techniques for agile efficiency.

Coaching for Modern-day Managers:

- ✓ Coaching and mentoring definitions.
- ✓ Coaching or Mentoring: What is perfect for your employees?
- ✓ Coaching for getting the best out of employees.

- ✓ Coach underachiever to success!
- ✓ How to plan for each employee's continuous development?
- ✓ Understanding Coaching models and styles.
- ✓ Role-Playing Activity.

ABU DHABI: +971 2 449 6000

ABU DHABI: +971 50 412 3294

DUBAI: +971 4 888 6787

KSA: +966 56 416 0617

EGYPT: +20 127 111 1770

[Click Here To vist Course](#)



Leading with Confidence: The New Managers Program

Course Outline

✓ **04 Day Four**

Influencing Others to Action:

- ✓ Defining your personal influence.
- ✓ Choosing the Right Influencing Strategy (and Avoiding the Wrong Ones).
- ✓ Influencing Without Formal Authority.
- ✓ Effectively Using Assertive – Responsive Techniques.
- ✓ Using the Influence Model to maximum effect.
- ✓ Using powerful feedback for actionable results.
- ✓ Case Studies.
- ✓ Role-Playing Activity.

Mastering the art of motivation:

- ✓ Myths about motivation.
- ✓ The main theories.
- ✓ Current trends and issues.
- ✓ Implications for managers.

Increasing Performance and Delegation:

- ✓ Key areas of Performance Management.
- ✓ Setting powerful goals.

- ✓ Task management and priority allocation.
- ✓ Your Guide to Effective Delegation.
- ✓ Use delegation to motivate and empower your employees.
- ✓ The dos and don'ts of delegation
- ✓ Advanced motivation techniques in delegating.

ABU DHABI: +971 2 449 6000

ABU DHABI: +971 50 412 3294

DUBAI: +971 4 888 6787

KSA: +966 56 416 0617

EGYPT: +20 127 111 1770

[Click Here To vist Course](#)



Leading with Confidence: The New Managers Program

Course Outline

✓ 05 Day Five

Effectively Responding and Adapting to Change:

- ✓ Benefits of Change.
- ✓ Resistance to Change.
- ✓ Change and Transition.
- ✓ Engaging Groups in Change.
- ✓ Leader's Action Plan.

The secret recipe to build a HIGH-PERFORMANCE team:

- ✓ Causes of low performance.
- ✓ The 5 behaviors of high-performance teams.
- ✓ Design and assess performance goals.
- ✓ Interdependency and collaboration.
- ✓ How do shared values and principles unite the team?!

ABU DHABI: +971 2 449 6000

ABU DHABI: +971 50 412 3294

DUBAI: +971 4 888 6787

KSA: +966 56 416 0617

EGYPT: +20 127 111 1770

[Click Here To vist Course](#)



Leading with Confidence: The New Managers Program

Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
July 19, 2027	July 23, 2027	5 days	4250.00 \$	UAE , Dubai
Dec. 7, 2026	Dec. 11, 2026	5 days	4950.00 \$	Turkey , Antalya
March 15, 2027	March 19, 2027	5 days	4250.00 \$	UAE , Abu Dhabi
April 5, 2027	April 9, 2027	5 days	4250.00 \$	UAE , Abu Dhabi
June 28, 2027	July 2, 2027	5 days	4250.00 \$	UAE , Abu Dhabi

ABU DHABI: +971 2 449 6000
ABU DHABI: +971 50 412 3294
DUBAI: +971 4 888 6787
KSA: +966 56 416 0617
EGYPT: +20 127 111 1770

[Click Here To vist Course](#)

info@boostuae.com info@boostorg.com

Generated by BoostLab •

