



Consulting and Training | Reach New Heights

Course Name

IT Disaster Recovery

Sector Name

Information Technology

Document Type

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IT Disaster Recovery

Course Introduction

This **5-day BOOST** training Program is designed to provide participants with an interactive exploration of both business continuity management and IT disaster recovery planning, from risk assessment through to post-incident activities.

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Target Audience

IT professionals, systems administrators, disaster recovery planners, and business continuity managers are responsible for creating and implementing disaster recovery strategies to ensure business operations are maintained during disruptions.

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Learning Objectives

- ✓ Conduct business impact analysis to identify business value and priorities.
- ✓ Produce, review, and test an effective business continuity plan.
- ✓ Identify the latest disaster recovery technologies.
- ✓ Create a structured progress in all the stages of the business continuity management life cycle with realistic scenario-based group exercises.
- ✓ Gain an understanding of how to effectively coordinate risk responses to incidents.
- ✓ Develop the business case for IT recovery and make an action-oriented disaster recovery plan for the respective organization.

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Course Outline

✓ Day 01

Business Continuity Basics:

- ✓ What is business continuity management (BCM)?
- ✓ BCM seems to include many different terms, some of which appear to be very similar. How are they similar or different?
- ✓ Is there a best practice approach to business continuity planning (BCP)?
- ✓ What BCM elements are included in ITIL – specifically, IT service continuity management?
- ✓ What is the relationship between business continuity and enterprise risk management (ERM)?

Overview of the Regulations and Standards Landscape

- ✓ How should regulations and standards shape the development of a BCM program?
- ✓ What are ISO 22031 and ISO 22313?
- ✓ What BCM standards exist in the COBIT standard?
- ✓ Are these the only BCM mandates an organization should consider?

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Course Outline

✓ Day 02

Executive Management Support and Sponsorship

- ✓ Who is the right person in the organization to own the BCM process?
- ✓ How can executive management be “sold” on business continuity?
- ✓ What is the value to an organization in designing and deploying BCM programs?
- ✓ What are the critical elements of a business continuity policy?
- ✓ How should an internal business continuity function/planning team be structured?

Risk Assessment and Business Impact Analysis (BIA)

- ✓ What are the most common approaches to executing a risk assessment?
- ✓ What are the most common approaches to executing a BIA?
- ✓ Should key vendors be included in BIA?
- ✓ What is a recovery time objective (RTO)?
- ✓ What is a recovery point objective (RPO)?
- ✓ Are questionnaires necessary when planning for business continuity?
- ✓ Are there ways around completing a formal BIA and risk assessment?

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Course Outline

✓ Day 03

Business Continuity Strategy Design

- ✓ What are the key considerations when developing recovery strategies?
- ✓ How far apart should primary and alternate sites be?
- ✓ What are the key considerations for pursuing an internal versus a third-party recovery solution?
- ✓ What is a “mobile recovery center”?
- ✓ What is an emergency operations center (EOC)?
- ✓ What are the differences among cold, warm, and hot sites?
- ✓ What are key recovery considerations when negotiating a contract for a hosted solution or disaster recovery support (e.g., hot site contract)?
- ✓ How is advancement in technology changing disaster recovery planning considerations?

Plan Development and Strategy Implementation

- ✓ Is software necessary to develop a BCP?
- ✓ What is the difference between crisis management and crisis communications?
- ✓ What is a call tree?
- ✓ Is there a way to make the plan more efficient and effective?

Developing appropriate responses

- ✓ Matching the response to the risk.
- ✓ Taking preventive action.
- ✓ Ensuring appropriate contingencies are in place.

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✓ Day 04

Responding to Incidents

- ✓ Creating the incident response plan.
- ✓ Capturing the planning output.
- ✓ Creating incident response team charters.
- ✓ Defining roles and responsibilities.
- ✓ Responding to incident scenarios.
- ✓ Information directories and equipment inventories.

Directing the incident response team

- ✓ Setting up the command center.
- ✓ Planning and conducting communications.
- ✓ Connecting with emergency services.
- ✓ Team actions following an incident.

Designing Contingency Arrangements

- ✓ Establishing a standby site.
- ✓ Site choices: configuration and acquisition.
- ✓ Choosing suppliers: in-house vs. third-party.

- ✓ Specifying equipment.

Selecting backup and restore strategies

- ✓ Matching strategy to operational constraints.
- ✓ Meeting the organization's storage requirements for vital records.

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✓ Day 05

Restoring communications and recovering users

- ✓ Determining vital users with the BIA.
- ✓ Rerouting voice, mail, and goods delivery.
- ✓ Eliminating single points of failure.
- ✓ Connecting end users.
- ✓ Meeting varied user-recovery needs.

Training and Awareness

- ✓ Are training and awareness the same?
- ✓ What are some successful business continuity training approaches?
- ✓ What are the available certification options?
- ✓ What are the available BCM education options?

Testing Maintenance

- ✓ What are the prevailing practices regarding the storage of BCP documentation?
- ✓ How often should business continuity-related documentation be updated, and how should the organization keep the plans current?
- ✓ Testing plans with a step-by-step process.
- ✓ Developing test scenarios and using test results effectively.
- ✓ Considering the impact of testing on the organization.

- ✓ How often should the BCP be tested?
- ✓ What are the available testing options?
- ✓ Should the organization expand testing beyond IT?

Compliance Monitoring and Auditing

- ✓ How do organizations mature their business continuity programs?
- ✓ How often should the business continuity program be audited?
- ✓ What is the optimal role for internal audit in the BCM process?
- ✓ How does an organization review key vendor planning for business continuity compliance with industry best practices?

Maintaining and improving the BCMS

- ✓ Applying change control: why and how.
- ✓ Ensuring normal developments are accounted for.
- ✓ Leveraging test results to improve organizational practices.
- ✓ Managing organizational change.

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Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
March 15, 2027	March 19, 2027	5 days	4950.00 \$	England , London
Dec. 28, 2026	Jan. 1, 2027	5 days	4250.00 \$	UAE , Abu Dhabi
April 19, 2027	April 23, 2027	5 days	4250.00 \$	UAE , Dubai
Sept. 14, 2026	Sept. 18, 2026	5 days	4250.00 \$	UAE , Dubai

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